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# BIRDS



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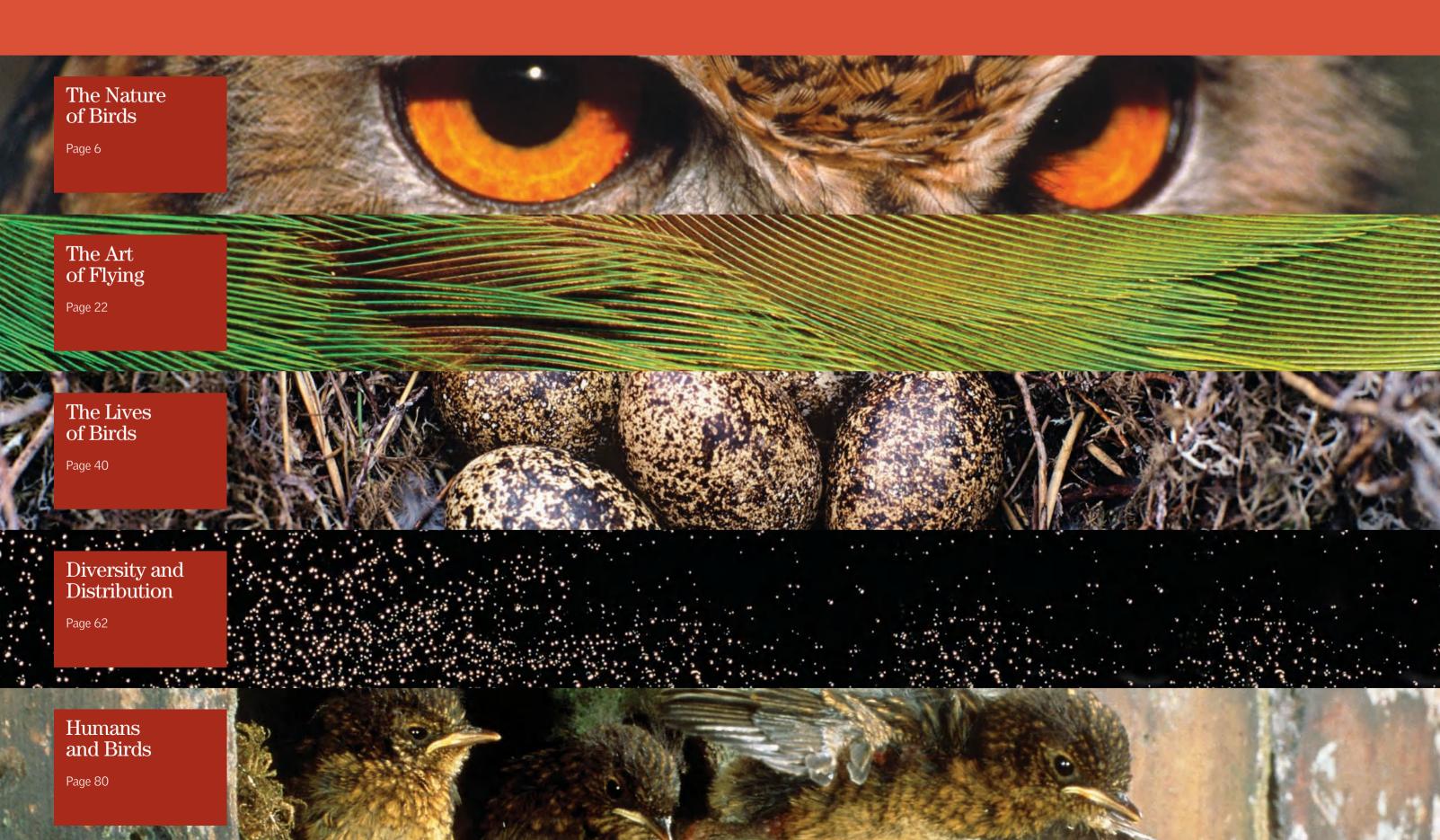


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# Birds



# Contents



# A Universe of Birds

elcome to the world of birds. No matter how you approach it, this is a wonderful book not only for its pictures, splendid illustrations, size, and format but also because, as you read it, you will discover secrets about these inhabitants of the Earth, which, according to the history of evolution, came into being before humans. The text is written in a direct, easy-to-understand style. Most birds have a much-envied ability that has inspired poems and all types of experiments: they can fly. This enables them to see the Earth from afar, with its seas, mountains, rivers, cities, and other features. It has been estimated that more than 200 million birds migrate each year, all over the planet. Many of



WHITE HERON (Egretta alba)
A species easy to distinguish in the proximity of rivers, lakes, and lagoons

them fly thousands of miles, crossing desolate deserts and windy seas to arrive in Africa or Antarctica. Some find their way using the sun, the moon, and the stars; others follow their parents or use the course of rivers or mountain chains as references. In general, smaller birds migrating across continents stop several times to get food. It is surprising how fast they travel, in spite of these stops: it has been calculated that some small species cover almost 2,500 miles (4,000 km) in five or six days. Several studies have shown that carrier pigeons and whiteheaded sparrows, for example, can travel more than 600 miles (1,000 km) per day. Some ducks, such as the blue-winged teal, complete their trip from Canada to central Mexico in about 35 days, making several stops to feed along the way.

irds never cease to amaze us, whether hiding in trees, flying over high mountaintops, or nesting in Antarctica or on tall buildings. Perhaps the reason for such amazement is their behavior, which continues to be a mystery to human beings, as well as the differences among them. It is believed that there are approximately 9,700 living bird species in the world—more species than in any other vertebrate group except for fish. Once they reach adulthood, birds' weight varies from a

mere 0.06 ounce (1.6 g), in the case of hummingbirds, to as much as 330 pounds (150 kg) for African ostriches. Even though most birds fly, there are some—such as kiwis, rheas, and ostriches—that run quickly on the ground. Some birds, being perfectly adapted to aquatic life, live in oceans, rivers, and lakes. The shape of their feet and bills varies according to the environment in which they live. Some aquatic species have bills modified to filter small water particles, whereas birds of prey have strong bent bills to hold down and tear apart their prey. What is the diet of birds based on? Because of their great diversity and wide distribution, their diets differ greatly. In general, birds eat a bit of everything, although insects are the most important element of their diet. They eat fruit, seeds, nectar, pollen, leaves, carrion, and other vertebrates. Most birds lay their eggs in nests. Worthy of mention is the protective attitude that both males and females have toward their young. Adult birds care for their chicks, warn and protect them against the danger of predators, and guide them to safe places where they can live and feed. We invite you to investigate up close the world of these fascinating beings that are able to run, climb, swim, dive, and cross the skies.

**OWL** (Bubo capensis)

This owl is native to Africa. It

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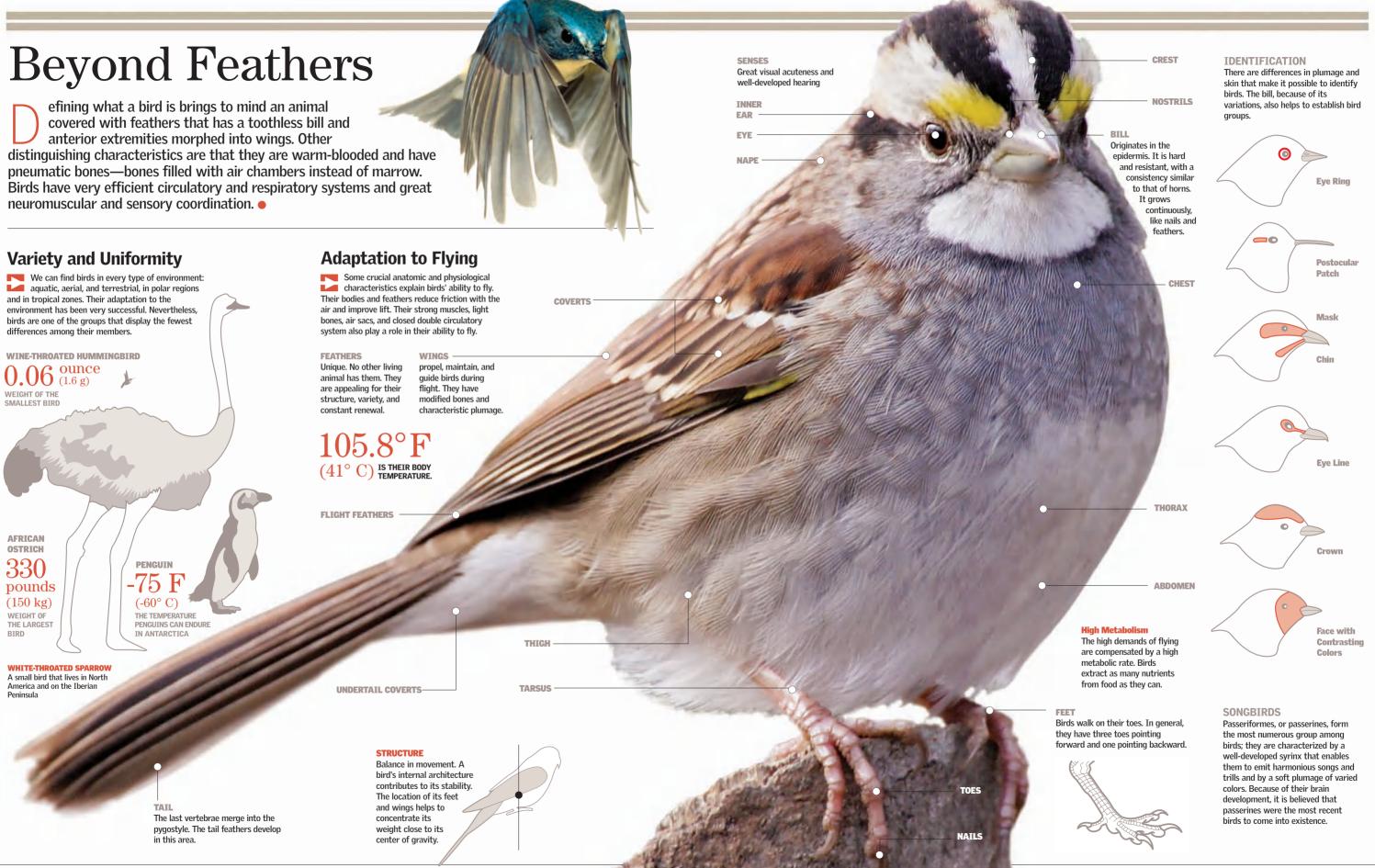
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EXPOSED LEGS 20-21



any scientists maintain that birds descended from dinosaurs because fossils of dinosaur specimens with feathers have been found.

As a group, birds have exceptional eyesight—they have the largest eyes in relation to the size of their bodies. In addition, they have very light bones, which are suitable for flight. Just like

their bills, birds' feet have also changed in accordance with the functions and particular needs of each species. For instance, walking birds—like other vertebrate groups—display a marked tendency toward having a reduced number of toes; ostriches, for example, have only two. Some birds of prey, such as eagles, have feet that are veritable hooks.



# Origin

he evolution of birds is a debated theme in science. The most widespread theory states that birds descend from theropods, dinosaurs that walked on two legs. Fossils of dinosaur specimens with feathers have been found, but Archaeopteryx, a primitive bird that lived 150 million years ago, is the oldest relative known. Completely covered with feathers, it had a pair of wings that enabled it to fly. However, it retained many dinosaur traits.

#### **Archaeopteryx** lithographica

lived in the Jurassic Period, 150 million years ago.



**Fossils** 

Several fossil samples

were found between

1861 and 1993. The first

one, found in Bavaria,

important because its

time when the search

links" fascinated

for evolutionary "missing

scientists. The original is

Museum, Another fossil, which includes the head, is in

located in the British

the Berlin Museum.

discovery coincided with the publication of On the Origin of Species by Charles Darwin, at a

Germany, was very

Order	Saurischians
Suborder	Theropods
Diet	Carnivore
Length	10 inches (25 cm)
Height	8 to 12 inches (20-30 cm)

18 ounces (500 g)

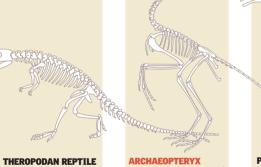
**REPTILIAN JAWBONES WITH** TEETH Unlike modern

birds, it did not have a horn bill. There was a tight row of sharp teeth on each jawbone.

SPINE

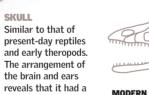
Movable. The cervical vertebrae have a concave joint like that of the theropods, not a saddle-shaped one like that of birds.

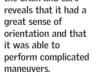
### From Reptile to Bird

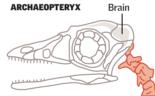














**THREE TOES** WITH TALONS The hand has three

extended fingers, each of which is equipped with a

strong curved talon.

climbina

Its wrist joint was more flexible than that

it shared with dinosaurs

of modern birds, a trait





Presence of ribs in the abdomen (gastralia), typical of reptiles and dinosaurs

Birds have

**PIGEON** 

greater mobility

than Archaeopteryx



**VELOCIRAPTOR** 99 to 65 million years ago



#### **UNMERGED METATARSUS**

In modern birds, the tarsus and metatarsus are fused into the tarsometatarsus



The foot is functionally tridactyl. Its first toe (hallux), which usually points backward and typically does not touch the ground, is opposable, like that of modern birds (it can move in a direction perpendicular to toes II, III, and IV).

ARCHAEOPTERYX LITHOGRAPHICA Graphic Reconstruction

**VERTEBRATE TAIL** 

Composed of 21 or 22 pieces.

that are fused together into a

Modern birds have tail vertebrae

single bone called the pygostyle.



**ARCHAEOPTERYX** 



CERVICAL VERTEBRAE

Their number varies according to the

CORACOIDS

type of bird. They make the neck flexible

HUMERUS

RADIUS

CARPAL **BONES** 

# Skeleton and Musculature

oth lightweight and resistant, the skeleton of birds underwent important changes in order to adapt to flight. Some bones, like those of the skull and wings, fused to become lighter. Birds have fewer bones than other vertebrates. Because their bones are hollow, containing internal air chambers, the total weight of their bones is less than that of their feathers. Birds' spines tend to be very flexible in the cervical region and rigid near the rib cage, where a large, curved frontal bone called the sternum attaches. The sternum features a large keel, to which the pectoral muscles attach. These large, strong muscles are used for flapping the wings. In contrast, running birds, such as ostriches, have more developed muscles in their legs.

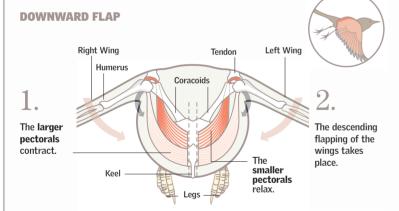
### **Flapping Wings**

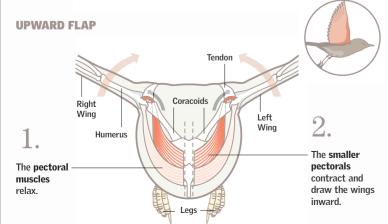
Flying demands an enormous amount of energy and strength. Consequently, the muscles responsible for flapping the wings become very large, easily comprising 15 percent of the weight of a flying bird. Two pairs of pectorals, in which one muscle of the pair is bigger than the other, work to raise and lower the wings. They function symmetrically and in opposition to each other: when one contracts, the other relaxes. Their placement within the thoracic cavity corresponds roughly to the bird's center of gravity. The motion of the wings also requires strong tendons.



muscles can account for 40 percent of its total weight.

## Because of its adaptation to stationary flight, its pectoral





Light because of the fusing of bones, the skull does not have teeth, a bony jaw, or grinding muscles.

#### UPPER

**MANDIBLE OF BILL** 

#### In some species, it is flexible.

**FURCULA (COLLARBONE)** Known as the wishbone, it

is unique to birds and results from the fusion of the collarbones.

Wings Without a doubt, wings are the greatest adaptation of birds. Strong tendons travel through the wings and merge into the hand bones, where the feathers are attached.

LOWER

MANDIBLE OF BILL

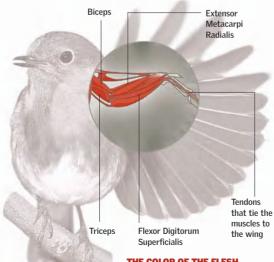
It is flexible, allowing

Hyperdeveloped in flying birds, the sternum's long keel facilitates

birds to open their

the attachment of the pectorals.

mouths wide



#### THE COLOR OF THE FLESH

depends on the blood circulation in the muscles: the more circulation, the redder the flesh. Flying birds have red flesh, whereas nonflying birds such as chickens, have white flesh

FEET

the reptiles.

Birds have four toes,

just like their ancestors.

**TARSOMETATARSUS** LEG **GRASPING DEVICE MUSCLES** When a bird is perched, it assumes a crouching position with its legs bent. This causes the

Iliotibialis Lateralis

Peroneus

tendons in its feet to tighten, which pulls its tendon-locking

toes closed and locks its feet in place. This mechanism keeps birds from falling off branches while they sleep.

**Pneumatic** Bones

**PYGOSTYLE** 

The tail vertebrae are merged: the

tail feathers are

anchored to the

CARPOMETACARPUS

It is formed by the

fusion of the hand

Many of a bird's bones are pneumatic-that is, they are full of air instead of bone marrow. Some bones even have prolongations of air sacs. The bones may look fragile at first glance, but their incredible strenath comes from a network of internal trabeculae (spongy bone structures). which resemble the trusses of a metal bridge.

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BIRDS 15

# **Internal Organs**

irds in flight can consume oxygen at a rate that a well-trained athlete would not be able to withstand for even a few minutes. Because of this oxygen consumption, all their organs have had to adapt. The lungs of birds, though smaller than those of mammals of similar size, are much more efficient. Their lungs have several air sacs that both increase the efficiency of their respiratory systems and make them lighter. A special feature of the digestive system is a crop in the esophagus, where food is stored for digestion or for feeding the young. A bird's heart can be four times larger in relation to its body size than a human's in relation to its body size.

Esophagus

### **Digestive System**

Birds have no teeth. They therefore ingest food without chewing, and their stomachs break it down. The stomach is divided into two parts: the glandular (or proventriculus) part, which secretes acids, and the muscular (or gizzard) part, whose muscular walls grind up what is eaten. In general, the process is very fast because flying requires a lot of energy, and the bird has to replenish that energy quickly. The digestive system ends at the cloaca, which is an excretory orifice shared with the urinary system. Birds absorb almost all the water they drink.

#### **FOOD ITINERARY**

#### STORAGE

Some birds have a crop, which enables them to store food and digest it later. This way they decrease their exposure to predators.

#### PRODUCTION The proventric

The proventriculus secretes the gastric juices that initiate digestion.

#### BREAKDOWN

In the gizzard, a strong and muscular pouch, food is broken down with the help of swallowed stones or sand. The stones and sand play the role of teeth.

#### WATER ABSORPTION

occurs in the small intestine. Birds normally get water from the food they ingest.

#### EXCRETION

The cloaca expels feces mixed with urine coming from the excretory system.

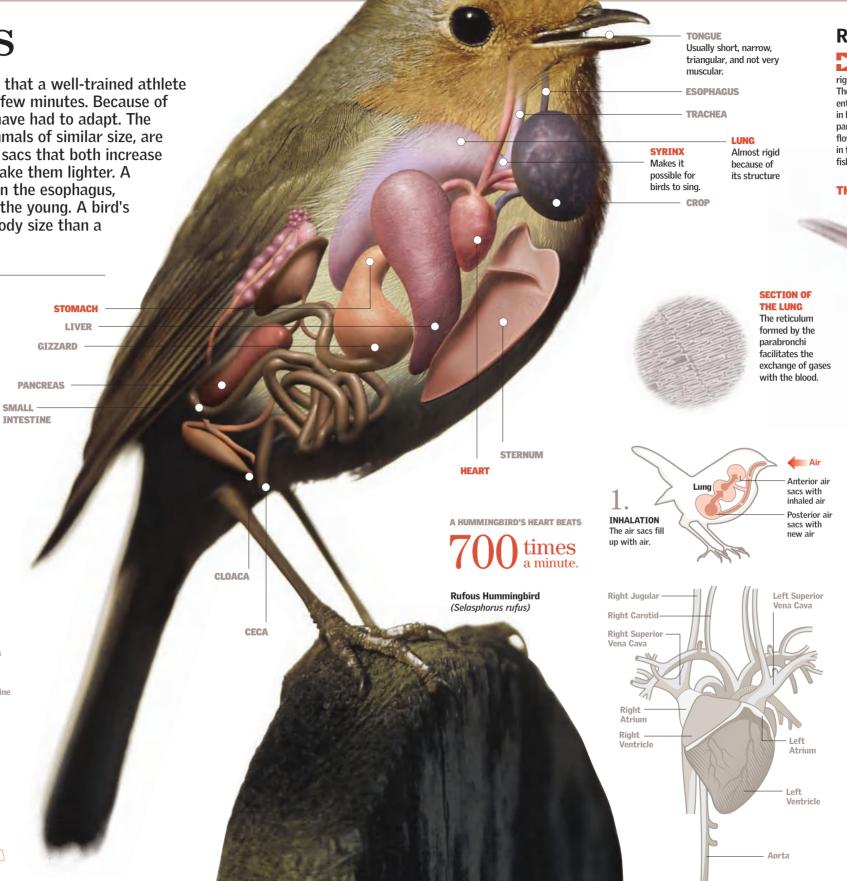
#### TYPES OF GIZZARD

#### Granivorous Birds

have thick muscle walls and strong mucous membranes (or internal skin) to break down seeds.



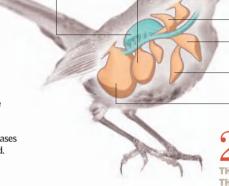
Carnivorous Birds
have thin muscle
walls because
digestion takes place



### **Respiratory System**

Birds have the most efficient respiratory system of any vertebrate because of the great effort that flying demands. It has two small, almost rigid lungs that are assisted by nine air sacs distributed throughout the body. The air sacs work as bellows, but they do not carry out gas exchange. Oxygen enters the bloodstream through the parabronchi, which are much like the alveoli in human lungs, in that they serve as the tissue for gas exchange. In the parabronchi, blood and air flow past each other in tiny passages. Because air flows in one direction through the lungs, and blood in the lung capillaries flows in the opposite direction, birds can make use of all the air they inhale, much like fish can with their gills and in contrast with mammals, which cannot.

#### THE AIR SACS



# Thoracic Air Sac 20% THE PERCENTAGE OF

Cervical Air Sac Interclavicular

Posterio

Anterior

THE PERCENTAGE OF THE BODY'S VOLUME TAKEN UP BY LUNGS AND AIR SACS

# EXHALATION The lungs fill up with air. Lung Empty anterior air sacs Empty posterior air sacs

### **A Highly Complex Heart**

Similar to that of reptiles, but having a heart with four chambers instead of three, the circulatory system distributes nutrients and oxygen throughout the body according to the body's needs. The heart's size and rate vary, depending on the bird's weight and activities. In general, bigger birds have smaller and slower hearts. For example, the heart of a seagull on the ground beats 130 times a minute; in flight, it beats 625 times a minute. A hummingbird's heart can beat 700 times a minute.

#### THE HEART'S ASYMMETRY

The left side of the heart is more developed, because it pumps blood to the whole body. The right side pumps blood only to the lungs.







Relaxed
Ventricles
They open the



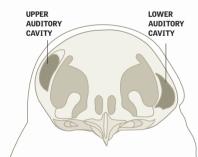
Contracted Ventricles
The blood enters the

# The Senses

n birds, the sense organs are concentrated on the head, except for the sense of touch, which is found all over the body. Birds have the largest eyes with respect to the size of their bodies. This enables them to see distant objects with considerable precision. Their field of vision is very broad, over 300 degrees, but in general they have little binocular vision. The ear—a simple orifice, but very refined in nocturnal hunters—helps them notice sounds inaudible to humans, which facilitates the detection of prey while flying. The senses of touch and smell, on the other hand, are important only to some birds, and the sense of taste is almost nonexistent.

#### The Ear

Birds' ears are simpler than those of mammals: a bird's ear has no outer portion, and in some cases it is covered with rigid feathers. A notable part of the ear is the columella—a bone that birds share with reptiles. The ear is nonetheless well developed, and birds have very acute hearing; whereas human beings can detect just one note, birds can detect many. The ear is essential to a bird's balance, a key factor in flying. It is also believed that in certain species the ear works as a barometer, indicating altitude.



#### **LOCATION OF** THE FARS

Located at different heights on the head, the ears cause the sense of hearing to occur with a slight delay. In nocturnal hunters, such as owls, this asymmetry allows for the triangulation of sounds and the tracking of prey with a minimal margin of error.

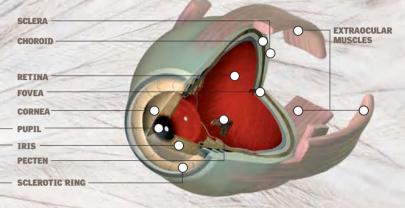
### **Touch, Taste, and Smell**

The sense of touch is well developed in the bill and tongue of many birds, especially in those birds that use them to find food, such as shore birds and woodpeckers. Usually the tongue is narrow, with few taste buds, but they are sufficient to distinguish among salty, sweet, bitter, and acidic tastes. The sense of smell is not very developed: although the cavity is broad, the olfactory epithelium is reduced. In some birds, such as kiwis and scavengers (condors, for example), the olfactory epithelium is more developed.



is the most developed sense in birds because some flight maneuvers, as well as the recognition of food from afar, depend on it. Birds have relatively large eyes. In most cases, they are wider than they are deep because the lens and the corneawhich is supported by a series of sclerotic bony plates—project beyond the eye socket. In hunting birds, the eyes are almost tubular.

The muscles around the eye change its shape, alter the lens, and create greater visual acuity: birds typically have a 20-fold magnification (and sometimes, as in the case of some diving birds, a 60-fold magnification), in comparison with humans. Their sensitivity to light is also remarkable, with some species being able to recognize light spectra invisible to the human eve.



#### **FIELD OF VISION**

The eyes-when located on the sides of the head, as is the case with most birds—create a broad field of vision: more than 300 degrees. Each eye covers different areas, focusing on the same object only when looking ahead through a narrow binocular field of vision.



FXTRACCIILAR

#### THE HUMAN FIELD **OF VISION**

The eyes, located at the front, move together, covering the same area. Because human beings cannot move their eyes independently from each other, they have only binocular vision.

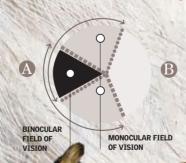


#### **COMPARISON OF BINOCULAR FIELDS OF VISION**

Binocular vision is essential for measuring distances without making mistakes. The brain processes the images that each eye generates separately as if they were a single image. The small differences between the two images

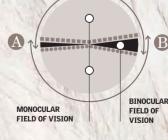
allow the brain to create a third one in depth, or in three dimensions. Hunting birds, for which the correct perception of distance is a life-anddeath matter, tend to have eyes located toward the front, with a wide field of binocular vision.

In contrast, birds with lateral eyes calculate distance by moving their heads, but they record a larger total field of vision to avoid becoming prey. Owls are the birds with the greatest binocular vision-up to 70 degrees.



#### **HUNTING BIRDS' FIELD OF VISION**

Frontal eyes reduce the total field of vision but allow for a wide field of binocular vision.



#### **NONHUNTING BIRDS'** FIELD OF VISION

The lateral eyes open the field of vision to as much as 360 degrees but reduce the binocular field.





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# Exposed Legs

aking a quick look at the extremities of birds, including their toes and claws, can help us learn about their behavior. The skin of their legs and feet can have some striking features. All these characteristics reveal information about the environments in which different groups of birds live, as well as about their diets. Scientists use these characteristics as a basis for classifying birds. The detailed study of the anatomy of a bird's leg and foot can offer useful information. The shape and placement of bones, muscles, and tendons make it possible to understand how birds hold their prey or perch on branches, as well as to learn about the mechanics of their movement across the ground and in the water.

### **Different Types**

The foot usually has four toes. Three of them have a similar size and position. Opposite them is a smaller toe called the hallux. This pattern varies among different bird groups. For example the position and shape of toes can differ. There are even cases in which two toes are functional while the others have been reduced in size. This is the case with flightless birds such as rheas. Differences a web between the toes and projections of horn. All these characteristics become tools to help the bird survive in its environment and face challenges regarding obtaining food.

FEET DESIGNED **FOR SEIZING** Found on birds birds. Their feet are strong, and their toes end in long, curved, sharp claws. They seize prey and transport it in flight

**FEET DESIGNED** FOR WALKING Found on herons, storks. The toes and legs are very long. The hallux is pointed in places with soft ground, such as swamps and river

**FOR SWIMMING** ducks, and penguins, which between their toes that forms a web and increases the surface of the foot that is in contact with the water.

and 2 have three

FEET DESIGNED FOR CLIMBING Found on parrots, woodpeckers, and cuckoos. The hallux and the fourth toe provides the birds with more strength for climbing tree trunks.

FEET DESIGNED FOR PERCHING Found on hummingbirds, and nightjars. They have small feet, with third, and fourth toes makes it possible for them to stand still.

**FEET DESIGNED** curlews, and rheas. They have long legs with short are very small, contact with the ground

Its feet have long, thin toes that allow it to move on soft ground,

THE FOOT II The distal tarsal

bones merge into the

metatarsal bone and create tarsometatarsa **Claws, Scales, and Spurs** 

These striking foot structures play a role in finding food, movement, protection, and defense, among other things. The claws can be long and sharp, in the case of birds of prey, or short and round, in the case of walking birds. Owls have a comblike claw that they use to groom their plumage. Their scales, inherited from reptiles, help protect their feet. In some cases, they help the birds to move through water. Many birds, such as chickens, pheasants, and crested screamers (a South American waterbird),

have a spur, which they use as a defensive or offensive

TIBIA The tibia merges into tarsal bones and forms the tibiotarsus It has a slightly

ANKLE

false knee because it looks

like a knee that

In reality, it is

the ankle.

on its lateral <u>face</u>

BIRD LEG

Also known as a

**Internal/External Structure** 

Birds walk on their toes, which form the first portion of their feet. The second portion is formed by the tarsometatarsus. Its top part is connected to the tibia, through a joint similar to that of our ankle. That is why the leg flexes backward. The knee, equivalent to

ours, is higher up and works like a hip. It is located close to the body, and it helps to maintain balance. The thigh bone also stabilizes the body by adding weight to the skeleton. All the movements of these bones are controlled by

**HUMAN LEG** 



## perches and sleeps on tree branches without expending much energy. The weight of the body alo

# The Art of Flying

PARROT FEATHER

Detail of the feathers worn

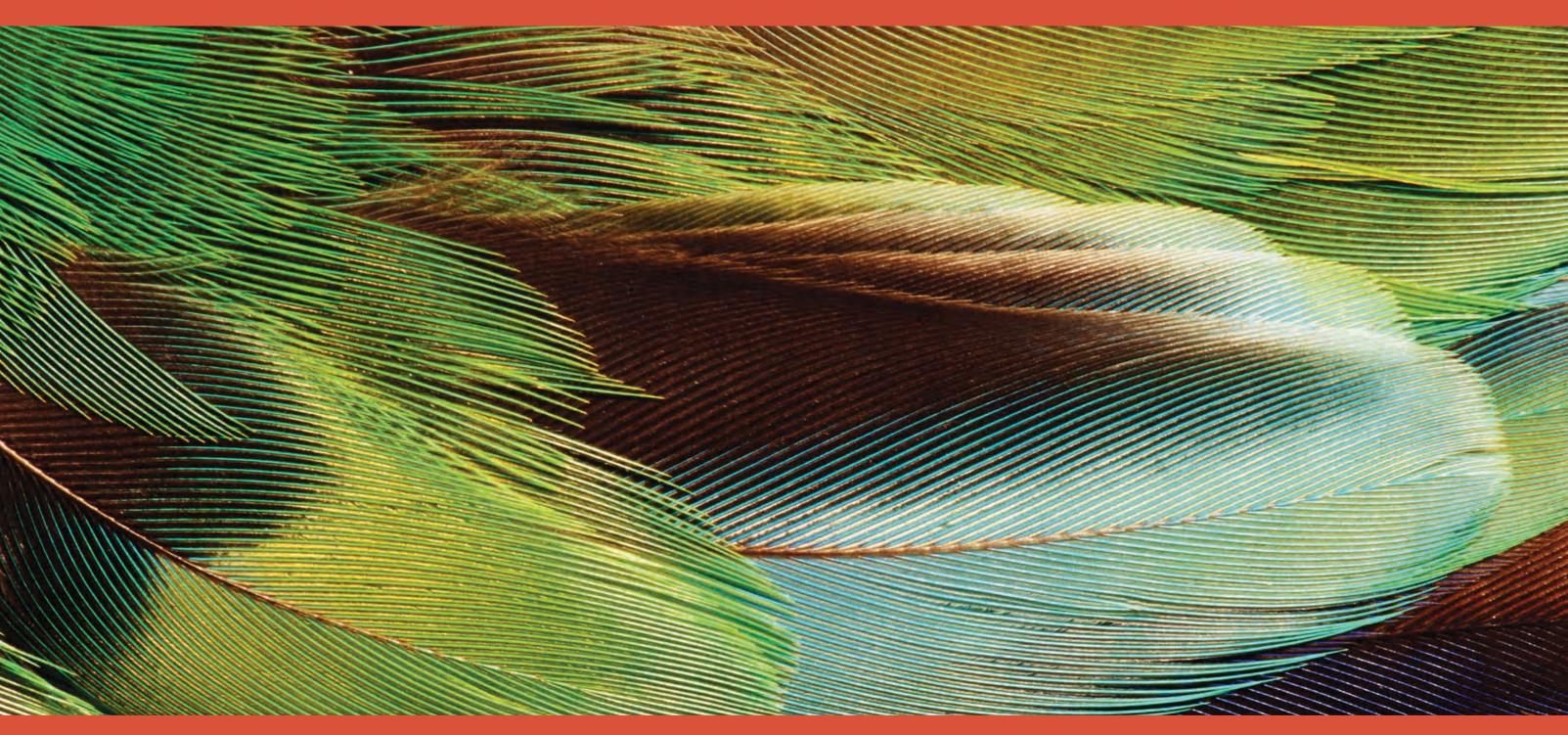
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irds move in the air the same way a glider does, that is, by making the most of air currents to gain height and speed while moving. The

shape of the wings varies according to the needs of each bird group. Some cover considerable distances and thus have long, narrow wings, whereas others have short, rounded wings that allow them to make short flights from branch to branch. Birds also have shiny, colorful feathers that males frequently use both to attract females and to hide from enemies. Feathers are usually renewed once a year, and this process is as vital to birds as feeding. •

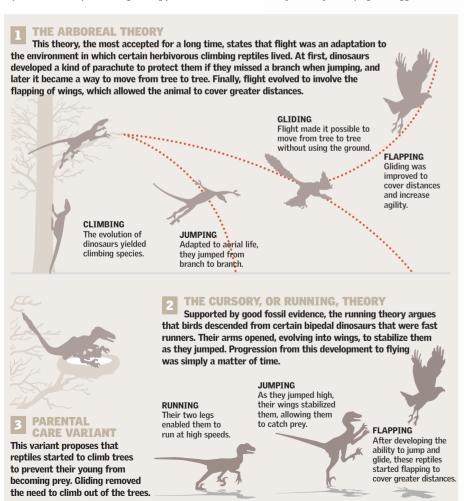
# Adaptations

here are three main theories to explain why birds developed the ability to fly. The evidence that supports each of them tells a story of adaptations to an aerial world in which the fight for food and survival is key. One reasonable theory argues that birds descended from an extinct line of biped reptiles that fed on plants and used to jump from branch to branch to flee.

### From Reptile to Bird

It is known that several evolutionary lineages from both reptiles and birds did not survive the evolutionary process, and that the lineage that truly links these two animal groups has not yet been found. However, some theories state that the change from reptile to bird took place through a long process of

adaptation. There are two arguments and a variant: the arboreal theory, which posits an air-ground flight model; the cursory (or running) theory, which focuses on the need for stability when running; and a variant, related to parental care, which posits that dinosaurs started to fly as a way of keeping their eggs safe.





MODIFIED

They became

smaller sections.

SCALES

SCALES

Resistant, they

covered the body

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The edge presents

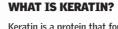
an excellent

aerodynamic

profile for flying.

# **Feathers**

eathers are the feature that distinguishes birds from all other animals. They make birds strikingly colorful, protect them against cold and intense heat, enable them to move easily through the air and water, and hide them from enemies. Feathers are also one of the reasons why human beings have domesticated, caught, and hunted birds. A bird's set of feathers is called its plumage, and its color is essential for reproductive success.



Keratin is a protein that forms part of the outermost layer of a bird's skin, just as it does in other vertebrate animal groups. Keratin is the main component of feathers, hair, and scales. Its distinct resistance helps keep the hooklets woven together in the vane. This allows birds' feathers to maintain their shape in spite of the pressure exerted by the air during flight.

VANE, OR BLADE Its outer portion contains a great number of barbicels. 25,000

THAT LARGE BIRDS, SUCH AS SWANS, CAN HAVE. In contrast, the number of feathers small birds, such as songbirds, can have varies between 2,000 and 4,000.

**TRAILING EDGE NOTCH** The turbulence during flight is reduced by this notch, found near the tip of

#### PREENING THE PLUMAGE

Birds need to preen their feathers with their bills not only to keep them clean and free of parasites but also to keep them lubricated, which helps birds resist inclement weather Birds touch their uropygial, or preen, glands with their bills. Then they distribute the oil and wax this gland produces all over their plumage. This task is a matter of survival.

#### **SELF-CLEANING WITH ANTS**

Some birds, such as certain tanagers, catch ants with their bills and grind them. They then oil their feathers with the ground-up ants. It is believed that the acid juices from the squashed ants work as a repellent against lice and other external parasites.

#### **DUST BATH**

Birds such as pheasants, partridges, ostriches, pigeons, and sparrows perform dust baths to control the amount of grease on their feathers.

#### **Structure**

The structure of feathers has two parts: a shaft and a blade. The shaft is called the rachis, and the part connected to the bird's skin is called the calamus. The movement of a feather is generated in the rachis. The blade is composed of barbs that branch into barbules. The feather's blade, in which the barbules have a series of barbicels, or hooklets, at the tip, is called a vane. The interlocking hooklets in the vane create a network that adds rigidity and resistance to the feather. It also defines the characteristic aerodynamic shape of feathers and helps make the feather waterproof. When feathers wear out, birds have the ability to replace them with new ones.

**INFERIOR UMBILICUS** The orifice at the base of

the calamus, into which the dermic papilla penetrates. New feathers

A swelling, or papilla, develops in the bird's

In the papilla, special skin cells form a

A tube that will extend from its base and become a feather grows in the follicle.

INTERIOR

INNER PULP OF THE SHAFT

#### CALAMUS

It provides the necessary nutrients for feathers to grow. Nerve endings that stimulate the feather's movement are found at its base. This allows the bird to detect changes in its surroundings.

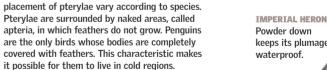
SUPERTOR LIMBTI TOUS It contains some loose barbs. Some feathers have a secondary rachis, the hyporachis

RAPRS are slim, straight ramifications that grow perpendicular to the rachis.

formed by only one filament. are usually blended with contour feathers

#### **SPECIAL FEATHERS**

Vibrissae are special feathers Sometimes they have loose barbs at the base that perform a tactile function. They are located at the base of bills or nostrils or around the eyes. They are very thin and



Powder down keeps its plumage waterproof.

# **POWDER DOWN**

This special type of feather can be found on some aquatic birds. They grow constantly and break off at the tip into small waxy scales. This "powder" is preened into the plumage to provide protection.

# **Types of Feathers**

There are three main types of feathers, classified according to placement: those closest to the body are down, or underlying feathers; those at the top are contour feathers; and those on the wings and tail are flight feathers, which are often referred to as remiges (on the wings) and rectrices (on the tail).



These light and silky feathers protect the bird against the cold. They have a short rachis, or none at all. Their barbs are long, and their barbules lack hooklets. In general, down is the first type of feather that birds develop when they hatch.





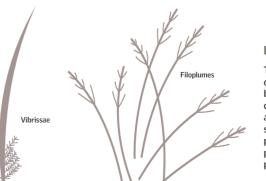
RACHIS

hollow rod

A feather's main

shaft, similar to a

Also called covert feathers, they are short and rounded. They are more rigid than down feathers. Because they cover the body, wings, and tail, they give birds their shape as they fly.



**PTERYLAE AND APTERIA** 

At first glance, a bird's body is covered with feathers. However, feathers do not grow all over the body but rather in particular areas called ptervlae. This is where the papillae, which create new feathers, are found. The shape and

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11.5 ft

# Wings to Fly

ings are highly modified arms that, through their unique structure and shape, enable most birds to fly. There are many types of wings; they vary by species. For instance, penguins, which are flightless, use their wings for the specialized task of swimming. Among all wings that have existed in the animal kingdom, those of birds are the best for flying. Their wings are light and durable, and in some cases their shape and effectiveness can be modified during flight. To understand the relationship between wings and a bird's weight, the concept of wing loading, which helps explain the type of flight for each species, is useful.

### Wings in the **Animal Kingdom**

Wings have always been modified arms, from the first models on pterosaurs to those on modern birds. adaptation of bones. Non-avian wings have a membranous surface composed bones of the hand and body usually down to the legs, depending on the species. Avian wings, on the other hand, the arm and hand form a complex of skin, bone, and muscle, with a wing surface consisting of feathers. Furthermore, the avian wing allows for important changes in form, depending on the bird's adaptation to the



PTERODACTYLS still had talons, and only one finger extended their wings



## Four fingers extend the membrane, and



form the tip of the rectrices, or primary

### Wing Size and Loading

The wingspan is the distance between the tips of the wings. Together with width, it determines the surface area, which is an essential measurement for bird flight. Not just any wing can support any bird. There is a close relationship between the animal's size (measured by its wings. This relationship is called wing loading, and it is crucial in understanding the flight of certain species. Albatrosses, with large wings, have low wing loading, which makes them great gliders, whereas hummingbirds have to flap their small wings intensely to support their own weight.

ARGENTAVIS MAGNIFICENS

weight) and the surface area of The smaller the wing loading, the more a bird can glide; the bigger, the faster a bird can fly.

**PRIMARY COVERTS** 

LARGER FINGER

SMALLER FINGER CARPOMETACARPUS

Controls the alula, a

feathered projection on the front edge of the wing.

ALULAR DIGIT

**GREATER WING** 

They create more

surface area and cov

COVERTS

#### SECONDARIES

#### TERTIARIES

Sometimes barbicels are missing, and feathers on the

PRIMARY FEATHERS Flying birds have from nine to 12 primary feathers. Running birds may have up to 16.

## **Types of Wings**

According to the environment in which they live and the type of flight they perform, birds have different wing shapes that allow them to save energy and to perform efficiently during flight. The wing shape also depends on the bird's size. Consequently, the number of primary and secondary feathers changes depending on the needs of a given species.



#### **FAST WING**

iges are large and tight to allow for flapping; the surface is

# The outermost primary feathers are shorter than the central ones.



#### **ELLIPTICAL WINGS**

Functional for mixed flights. they are very maneuverable Many birds have them.

# They are wide at the base, with separate feather tips.



#### WINGS FOR SOARING

Wide, they are used to fly at low speeds. The separate remiges prevent turbulence when alidina.

### There are many secondary feathers



#### **WINGS FOR SOARING** ABOVE THE OCEAN

Their great length and small width make them ideal for gliding against the wind, as flying requires.

## Short feathers are



#### WINGS FOR SWIMMING

In adapting to swimming, the feathers of penguins became short, and they serve primarily

### Flightless Wings

Among these, penguins' wings are an extreme case of adaptation: designed for rowing underwater, they work as fins. On running birds, wings' first and foremost function is to provide balance as the bird runs. These wings are also related to courtship, as birds show off their ornamental feathers during mating season by opening their wings or flapping them. Wings are also very efficient at controlling temperature, as birds use them as fans to ventilate their bodies.

FUNCTION
The wings of ostriches carry out the function of balancing, temperature regulation, and courtship.



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# Gliding

running nvolves using air currents to fly and save energy when traveling long distances. There are two types of gliders, terrestrial birds and marine birds, each of which is adapted to different atmospheric phenomena. Terrestrial birds rise on thermals (rising air currents). Marine birds make use of oceanic surface winds. Once the birds gain altitude, they glide off in straight paths. They slowly lose altitude until encountering another thermal that will lift them. Both terrestrial and marine gliders have wings of considerable size.

#### **TYPES OF GLIDING FEATHERS**

#### **Terrestrial Glider**

A large wing surface allows it to make the most of rising air currents at moderate speed.

#### Marine Glider

Thin and long wings allow it to make the most of the constant surface winds and offer less resistance to forward movement

# **Takeoff**

Usually, a powerful jump followed by the vertical flapping of the wings is enough to make a bird take flight. As it descends, the tip feathers are stacked on top of each other, forming an airtight surface that helps drive the bird upward. As the bird raises its wings to repeat the movement, the feathers curve and open until the wing reaches its highest point. With a couple of flaps of the wings, the bird is in flight. Bigger birds need a running start on the ground or water in order to take off.



#### **SECONDARY** FEATHERS

There are many of these because of the wing's lenath.

The wing length of some pelicans may reach 8 feet (240 cm) from tip to tip.

#### PRIMARY **FEATHERS**

There are fewer of these, as they only form the tip.

#### **WINGLETS**

Terrestrial gliders usually have separate primary feathers (toward the tip of the wing) that serve to decrease the noise and tension generated there by the passing of air. Modern airplanes copy their design.

> Airplane Winglets are made of one or several pieces.

The tip feathers work

as airplane winglets.

SAVED BY A

GLIDING

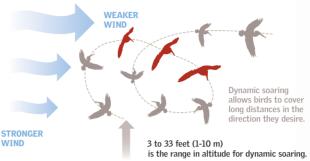
**SEAGULL WHILE** 

MOVING **FORWARD** 

ONTINUOUS AIR

### **Marine Birds**

Dynamic soaring is performed by birds with long and thin wings, such as the albatross. These wings are designed to take advantage of horizontal air currents, which are responsible for the formation of waves in the ocean. The result is a flight consisting of a series of loops as the bird is lifted upward when it faces the wind and moved forward when it faces away from the wind. This kind of flight can be performed at any time.



#### **FLIGHT PATTERNS**

When the leader gets

its position

tired, another bird takes

Flying in formation is a way for birds in flapping flight to save energy. The leader encounters more resistance as it flies. while the others take advantage of its

wake. There are two basic patterns: "L" and "V." The first is used by pelicans, and the second is used by geese.

#### "L" FORMATION

The leader makes the most effort, as it "parts" the air.

#### The Rest of the Formation

The other birds make use of the turbulence produced hy the leader's flapping to gain height, following along hehind

#### "V" FORMATION

The principle is the same, but the birds form two lines that converge at a point. This is the usual formation used by geese, ducks, and herons.



#### **THE WING**

Its particular shape causes lift, with its convex side and less pronounced concave side.

FASTER

CONSTANT

Elastic and resistant skin covering with feathers. It is the wing's cutting edge, responsible for dividing the airstream

#### **UPPER SIDE**

Convex. The air covers more distance and accelerates, causing a lower pressure that "sucks" the wing upward.

#### LOWER STDE

Concave. The air covers less distance, it does not accelerate, and its pressure does not change.

#### **TERRESTRIAL BIRDS**

They use warm, rising air currents generated through convection in the atmosphere or through the deflection of air currents against crags or mountains. Then they glide in a straight flight path. This type of flight is possible only during the day.

Ascent When birds find a warm air current, they gain height without having to

flap their wings.



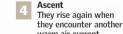
Straight Gliding Once the maximun possible height is gained, the birds glide

in straight paths

Descent The birds slowly glide

DISPLACEMENT depends on the strength

of the headwind.







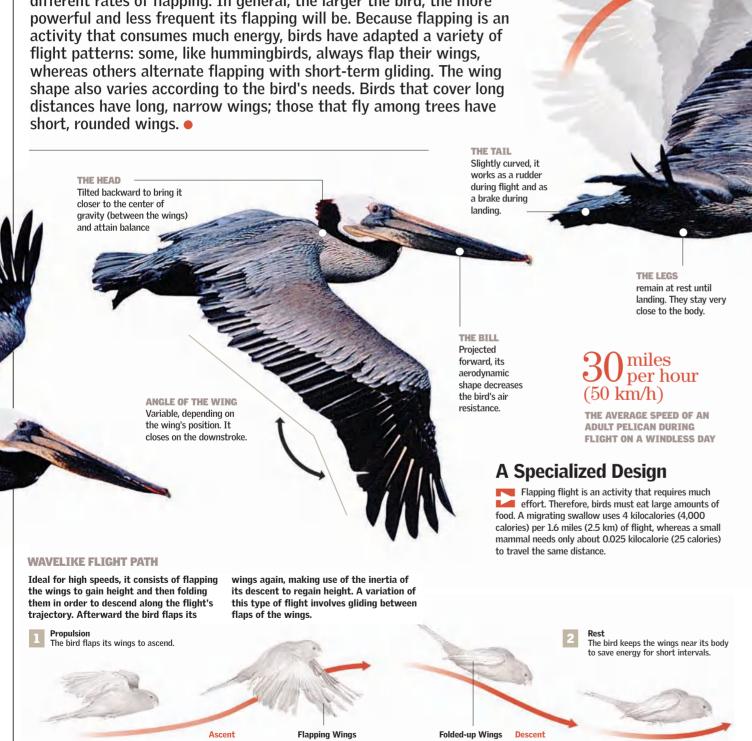




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# Flapping Flight

ost flying birds use flapping flight all the time. It consists of moving through the air as if rowing with the wings. With each flap (raising and lowering), the wing both sustains the bird in the air and pushes its body forward. There are different types of flapping flight and different rates of flapping. In general, the larger the bird, the more



#### **STRENGTH**

WING STROKE

The wing acts like

an oar as it traps

air and pushes the

hird forward

the ground, the wings flap in big arches in a manner that generally produces a lot of noise.

To gain height above

As the wings move upward, the remiges separate and form grooves to reduce friction. Support for the hird comes from the patagium, a layer of skin that anchors the feathers and covers the bones.

Jostroke

**Downstroke** As the wings move downward, the remiges are forced together, and the wing moves forward a little for extra support. The wing also bends at the tips to push the bird forward.

> Muscular strength is distributed to the entire wing, but it increases near the tip.

as if it were rowing.

The downstroke of the wing provides propulsion.

## Landing

The wing has

short, sturdy

muscles are

Maneuverability

Hummingbirds are the

only birds capable of

moving backward.

requires reducing speed until the bird becomes motionless and settles. The bird faces the wind and spreads out its tail, wings, and alulae (bastard wings, characterized by their stiffness and growth from the first digit), while lifting up its body and extending its legs forward to increase the surface area in contact with the air. In addition, the bird flaps its wings intensely in the direction opposite to its flight. Everything works like an aerodynamic brake. Some birds—such as the albatross, with its long, narrow wings—tend to have problems slowing down. As a result, they are ungainly when landing on the ground, but on the water they are able to ski on their feet until coming to a stop.



#### WINDMILL FLIGHT: HUMMINGBIRDS

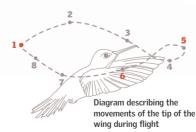
THE CROP

Made of elastic

skin. It can hold

food during flight

Hummingbirds are able to hover in order to suck the nectar out of flowers. In contrast to other birds, hummingbirds' wings are attached only at the shoulders. which provides greater freedom of wing movement, allowing the hummingbird to hold itself in the air during both the upstroke and the downstroke. The hummingbird has to flap its wings up to 4,800 times per minute during directional flight and for hovering.

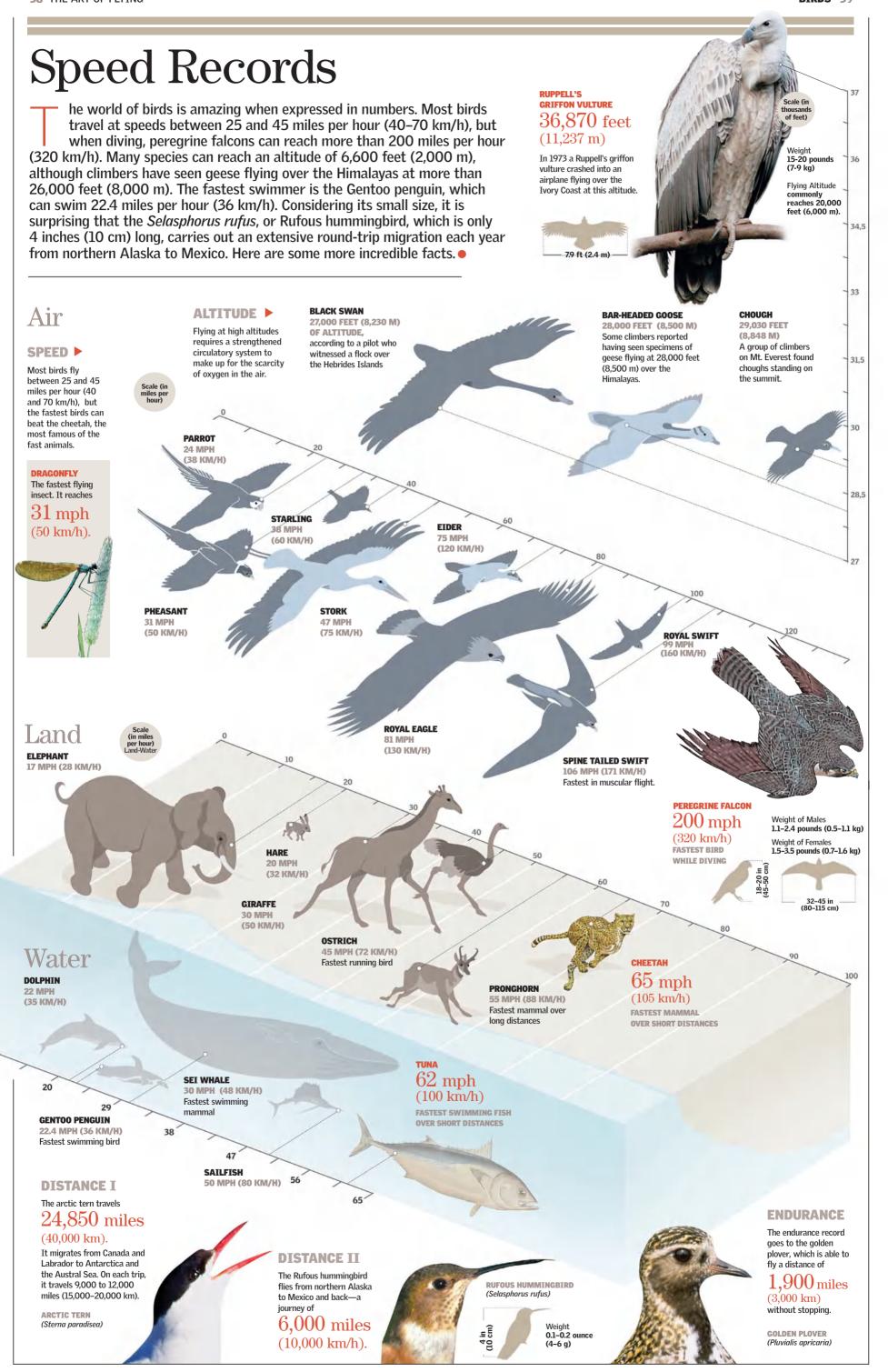


The wings flap 80 times per second during normal flying.

#### **Courtship Display**

Certain hummingbird species can flap their wings up to 200 times per second during courtship

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# The Lives of Birds

**PARTRIDGE EGGS** (*Lagopus lagopus scoticus*)
The female lays eggs at intervals of one to two days, and she is the one who incubates them.

THE ANNUAL CYCLE 42-43
HOW THEY COMMUNICATE 44-45
NUPTIAL PARADE 46-47
HOME SWEET HOME 48-49

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**BIRTH IN DETAIL 52-53** 



he behavior of birds is closely connected to the seasons. To survive, birds must prepare for the arrival of fall and winter and adjust their behavior accordingly. Gliding over the oceans, a wandering albatross, for example, can travel anywhere from 1,800 to 9,300 miles (2,900 to 15,000 km) in a single day in search of food. When the time comes

to choose a partner, the behavior of males is different from that of females: males employ a variety of tactics to win over females and convince them of their fitness. Some bird couples stay together forever, whereas other birds change partners every year. As for caring for chicks and building nests, in most species both parents participate. 42 THE LIVES OF BIRDS BTRDS 43

# The Annual Cycle

he annual cycle of seasons is like the daily cycle of night and day. Fluctuations in the intensity of light over time create a series of physiological and behavioral changes in birds. whether throughout the year or throughout the day. This biological clock is clearly reflected in birds' reproduction and migrations. Changes in light that are detected by a bird's retinas induce the secretion of melatonin by the pineal gland. The blood level of this hormone acts on the hypothalamus-hypophysis axis, which regulates internal processes. This is one reason why birds start to change their plumage and feel the need to fly to other areas.

### **How the Hypophysis Works**

Reproduction is the main activity under the control of the hypophysis, which determines behaviors such as finding a place to court females and mate, building a nest, incubating the eggs, and stimulating unborn chicks to break their shells. The hypophysis is a gland in the brain that has several functions. It receives nervous and chemical stimuli and produces hormones. These hormones regulate the metabolic activities that cause birds' internal and external sexual organs to develop. For example, the gonads become enlarged, and secondary sexual characteristics, such as ornamental crests or

# DORSAL VIEW VENTRAL VIEW Olfactory Optical Lobe dibulum and Hypophys

ENLARGED AREA

**Sleep Regulator** The pineal gland, or epiphysis, produces melatonin. The level of this hormone determines the phases of sleep and

#### THE MOST IMPORTANT GLAND

The hypophysis is located in the ventral area of the brain, below the hypothalamus. Its secretions control vital functions, from blood pressure and the balance of water and salts in the body to the activity of the gonads and the thyroid.

#### **ANNUAL CYCLE**

Incubation, migration, and courtship activities vary according to the amount of light available during each season

> ncrease in the amount of daylight coincides with this se of the annual cycle.

#### **DANCE OF THE BLUE-FOOTED BOOBY**

(Sula nebouxii) The males—and, on occasion, the females—perform a graceful courtship dance after marking the territory for nesting. They sing and show off their plumage with careful synchronization.

#### Raised Head It flaps its wings and looking at the sky.

#### **SHOWING OFF**

The magnificent frigate bird (Fregata *magnificens*) is a large bird that lives in coastal areas. It has large wings, powerful talons, and a strong hooked

**Survival Manual** 

Birds' most striking behaviors are associated with the

reproductive season. During courtship parades, birds engage in

elaborate choreographies; there are also extraordinary fights between

males. The blue-footed booby, the male frigate bird, and the ruff are just a

few examples of birds that engage in these behaviors. Others, such as the

snowy earet (Earetta thula), prefer to offer twias for the construction of

leaves, flowers, or any other object that may help him to win over the

female. Birds' performances are not connected only to courtship. The killdeer (Charadrius vociferus) fakes being wounded to defend the eggs or

the nest. The Vogelkop bowerbird (Amblyornis inornata) builds bowers with

chicks in the nest from predators. It offers itself as easy prev by dragging a

wing as if it were broken. This trick shifts the danger away from the young.

bill. During the reproductive season, it is responsible for building the nest. With its impressive appearance, it endeavors to attract a female.





Red Chest The throat pouch remains inflated for several hours or until the female chooses the most seductive male

#### Indicating Repose

To rest, the pelican reclines its head and places its bill

The amount of light increases with the beginning of spring; males use their huge throat

pouches to court female

It lowers its head and parades like a soldier around the nest. Finally. it shakes its whole body

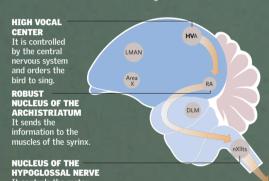
In the summer, male ruffs develop a huge "ruff" and auricular feathers around their necks. Their courtships are violent and striking. When competing for mating territory, they struggle fiercely. Afterward they docilely sprawl their bodies on the ground until the female chooses the

# How They Communicate

ound is an important form of expression in the lives of birds. Birds' sounds can be of two types: calls and songs. The former have a simple acoustic structure, with few notes. They are associated with coordinating the activities of a group, establishing communication between parents and their young, and maintaining contact between birds during migration. Songs, on the other hand, are more complex in rhythm and modulation. They are controlled by the sex hormones, primarily the male hormones. For this reason, males produce the most varied melodies. Songs are linked to sexual behavior and territorial defense. In general, birds either inherit or learn them.

#### THE SONG AND THE BRAIN

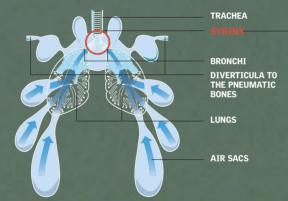
Birds have a brain that is well developed for this function. Testosterone acts on the upper vocal center of the brain, which is in charge of memorizing, identifying, and transmitting the orders for the execution of the song.





#### **EXPULSION OF AIR TO THE BRONCHI**

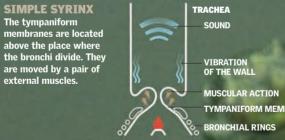
The air stored in the air sacs and lungs is expelled. As it passes through the syrinx (located between the bronchi and the trachea), it vibrates the tympaniform membranes. These membranes are the equivalent of vocal cords in humans.



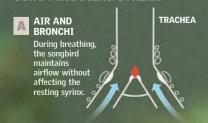


#### THE PRODUCTION OF SOUND IN THE SYRINX

The participation of both the sternotracheal muscles and five to seven pairs of small internal muscles is needed for producing sounds. These muscles control the elongation and contraction of the syrinx, which varies the pitch of the sound. The air sac is also important because it adds external pressure, which causes the tympaniform membranes to tighten. The esophagus works like a resonating box, amplifying the sound. The articulation of the sounds occurs in the buccopharyngeal cavity. There are two types of articulation: guttural and lingual.



#### **SONG-PRODUCING SYRINX**



### CLOSED



SIMPLE SYRINX

### **Territoriality and Range**

One of the most studied functions of birds' songs is territorial demarcation. When a bird occupies a territory, it sings to announce its claim to competitors, as the pipit shown to the left is doing. When birds must share territory, as in a colony, they develop dialects (variations of sounds produced by the species). When a bird

born and raised in one location moves, it must learn the dialect of the new location in order to be accepted and participate in the community. There are also mechanical sounds produced by wing strokes, legs, and bills. In a display of territorial defense, the eared nightjar combines singing with beating its wings.



AND WHALES THE NEED FOR SOMEBODY" TO TEACH THEM TO VOCALIZE (SONGBIRDS. HUMMINGBIRDS, AND PARROTS ARE EXAMPLES).

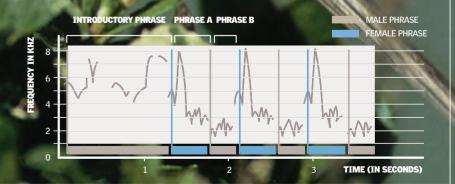


SOUND INTENSITY
DECIBELS

can vary widely from bird to bird. The larger the territory, the greater its reach. Its frequencies can change as well: the lower the frequency, the greater the coverage.

### **Strengthening Ties**

Some songbirds develop very complex singing rituals. The duet is perhaps the most striking because it requires both a shared repertoire and good coordination between both birds. In general, the male initiates the song with a repeated introduction; the female then alternates with different phrasing. The phrasing allows for more or less cyclical variations that make it unique. It is elieved that this strengthens ties between the pair (as lemarcation of territory does) and serves as a stimulus for perative behaviors, such as nest building, in which both the nale and female may participate.



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# Nuptial Parade

inding a mate is not easy for any species. For birds, the exhibition of plumage with bright colors, the presentation of offerings and gifts, and the performance of dances and highly elaborate flight patterns are some of the particular behaviors seen during this period. They are known as nuptial or courtship displays. The male resorts to all these strategic gestures to attract the female's attention and prevent her from paying attention to other males. Some of these rituals are extremely complicated; others are very tender and delicate.



#### **AERIAL EXHIBITIONS**

Certain birds, such as goshawks or male northern harriers, court the female in flight. They ascend in the air in broad circles, only to let themselves fall in daring, sharp dives.



#### DISPLAYING PHYSICAL ATTRIBUTES

To find a partner, birds such as the snowy egret resort to a series of very elaborate signals, such as songs, poses, dances, flight patterns, noisemaking, and displays of their ornamental feathers.

# BUILDING

Australian bowerbirds build a structure called a bower, which they decorate with pieces of paper and fabric that inevitably attract the female.

The courtship display is directly related to reproduction cycles. It takes



# 5.9 feet $(1.8 \, \mathrm{m})$

IS THE SIZE OF THE TAIL OF THE PEACOCK WHEN IT UNFURLS ITS MORE THAN 200 SHINING FEATHERS AND FORMS A FAN TO ATTRACT THE FEMALE.

#### **Gray Crowned Crane** Balearica regulorum Two cranes perform a courtship dance consisting of a series

#### MUTUAL DANCES AND COURTSHIPS

Great crested grebes (Podiceps cristatus) perform incredible aquatic dances. They bow to each other, dive, and run through the

### **Special Courtship**

Avian courtship is a phenomenon that, depending on the species, can take the form of various rituals. Lek rituals are one of the most intriguing forms of courtship. The males gather in a small area, called an arena, where they perform their courtship displays for the females. The females form a circle around the arena and end up mating with the male that has the most striking secondary sexual characteristics. Lek is a system controlled by the dominant male, who ends up mating with most of the females (polygyny). The less experienced males will mate with only a few, or even none, of the females. For some species, lek rituals can be very intricate. At least 85 species perform this special type of courtship ritual, among them manakins, pheasants, cotingas, and hummingbirds. Manakins, for example, stand in line and wait their turn to perform



Another courtship strategy is the presentation of gifts. Male eagles give females prey, and European bee-eaters offer nsects. These offerings are

### **Monogamy or Polygamy**

Monogamy is the most common mating system, in which two birds, one of each sex, participate, leading to the from birds, one of each sex, participate, leading to the formation of a couple. This couple can endure for a single reproductive season or for life. Polygamy is an alternative pattern, but it is not very common. Polygamy is divided into two classes: polygyny, in which the male mates with several females, and polyandry, in which the female mates with several males (and may even be able to keep them all together in a harem). In either case, one partner has the sole responsibility of anxiety for the case, and object. There is also an expectational case. caring for the eggs and chicks. There is also an exceptional case within polygamy: promiscuity. In this arrangement, a couple is not formed, and the relationship is limited to copulation.



**50** THE LIVES OF BIRDS BTRDS 51

Most birds' organs

are formed in the

first hours of

incubation.

# First, the Egg

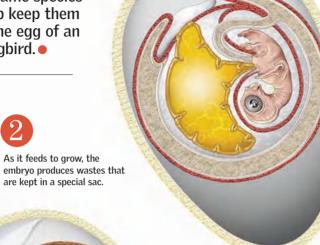
irds may have inherited their reproductive method from their predecessors, the theropod reptiles. In general, they lay as many eggs as they can care for until the chicks become independent. Highly adapted to the environment, the eggs of the same species have varying shapes and colors. These variations help keep them safe from predators. They also vary greatly in size: the egg of an ostrich is 2,000 times bigger than that of a hummingbird.

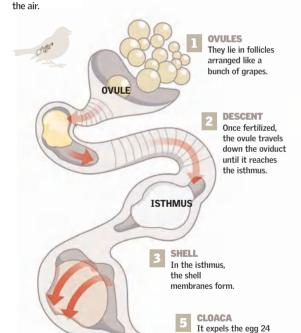
#### **How It Forms**

Birds have only one functional ovary, the left one, which grows dramatically during the mating season. The ovule can descend and form what are known as unfertilized eggs (the type used in cooking). If the egg is fertilized, embryonic development begins. The ovule, fertilized or not, descends to the cloaca in a few hours or days. The eggshell begins to be formed at the isthmus, through the secretion of calcium. At first soft, the shell hardens when it comes in contact with



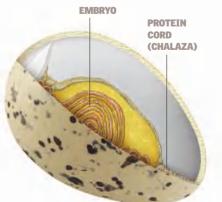
embryo produces wastes that are kept in a special sac.





CLOACA

The egg contains an embryo in one side of the yolk. The yolk is held in the middle of the white (albumin) by a protein cord that isolates it from the outside world.



It depends on the pressure exerted by the oviduct walls. The large end emerges first



**WASTE SAC** 

CHORTON

YOLK

**ALBUMIN** 

protects and contains

the embryo and its food.



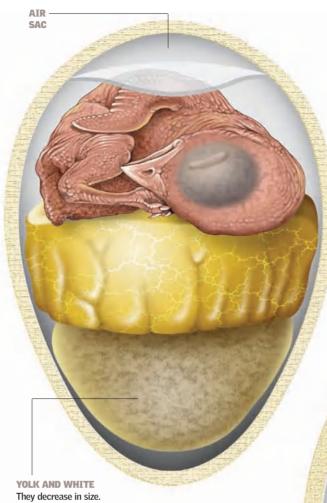


Spherical: Reduces the surface area

**COLOR AND TEXTURE** Both texture and color help parents







**THE SHELL** Formed by a solid layer of calcium carbonate (calcite), it has pores that make it possible for the chick to breathe. Bacteria are kept out by two membranes that cover the egg, one on the inside and the other on the outside.

THE PROPORTION **OF AN EGG TAKEN UP BY** THE EGGSHELL

The bill and scales of the legs harden toward the end, when the chick is formed and reaches a size similar to that of the egg. At that point, rotation begins so that the chick will be positioned to break its shell.



There is no exact proportion between the size of a bird and its egg.



2 oz(60 g)

Chicken Hen's Eaa



When the chick is ready to break the shell, it is taking up all the space inside the equ. The chick is cramped with its legs against its chest. This enables it to open the shell with small movements and with the help of a hard point at the tip of its bill (called an egg tooth).





Membrane Outer

and Inner

disappears into the body.



UTERUS

The egg becomes

shell hardens

pigmented, and the

A group of eggs laid at one time is called a laying. During the mating season, a sparrow can have several layings. If some eggs are removed, the sparrow can replace them without difficulty.



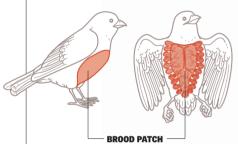
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# Birth in Detail

hen a chick is about to hatch, it starts to make itself heard from inside the egg. This allows it to communicate with its parents. It then starts to peck at the shell with its tiny egg tooth, which is lost after birth. Next, it turns inside the egg and opens a crack with new perforations, at the same time pushing with its neck and legs until it manages to stick out its head. This job demands a lot of effort and can take 30 to 40 minutes or, in the case of kiwis and albatrosses, even three to four days. In most species, newborn chicks are blind and naked, and they can open their bills only to receive food. •

#### INCUBATION

For the embryo to develop, it needs constant temperatures between  $99^{\circ}$  and  $100^{\circ}$  F (37-38° C). The parents ensure these temperatures by sitting on the eggs and warming them with their brood patches.



During incubation, some species lose their chest feathers and increase their number of blood vessels in this area. Others pluck out their feathers. Direct contact with the eggs helps keep

### DURATION BY SPECIES

The incubation period varies considerably: between 10 and 80 days, depending on the species.



PIGEON
Females and males incubate. They both develop a brood patch.

18 days





 $80 \; \mathrm{days}$ 

IS THE APPROXIMATE TIME IT

OF THE EGG.

TAKES A SPARROW TO COME OUT

### **Adaptations for Hatching**

space is tight, and a chick's muscles have little vigor. Birds count on a few adaptations, such as the egg tooth and the hatching muscle, to accomplish the task. The tooth is used for making the first perforation, which allows air into the egg. The muscle exerts the necessary strength, while stimulating the chicken's motor functions to intensify the effort. Both the egg tooth and the hatching muscle disappear shortly after the eggshell is broken.

#### HATCHING MUSCLE

It exerts pressure against the shell and helps to break it.



#### EGG TOOTH

A protuberance on the bill that punctures the egg. Its presence depends on the species.



### A GREAT EFFORT

Getting out of the shell requires much energy from the chick.



SHELL MEMBRANE

- EGGSHELL

3

#### **GETTING OUT OF THE EGG**

Once the shell is open, the chick pushes itself out with its legs and by crawling on its abdomen. For birds that hatch without feathers, this is more difficult, because they are less developed.

# 2

#### THE CRACK EXPANDS

After making a hole in the shell, the chick opens a crack with successive pecks at other points. Air gets in and dries up the membrane, which makes the task easier.

### WHAT COMES OUT FIRST?

THE CHICK IS BORN

Once outside the chick, almost

featherless, looks for warmth

and food from its parents. In

the case of some birds that

hatch without feathers,

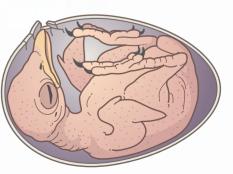
not all eggs hatch

simultaneously; this

benefits the firstborn

if food is scarce.

The head usually comes out first, because the sharp bill helps break the shell. Most birds then get out of the egg by pushing themselves out with their legs. For wading birds and other terrestrial birds, however, the wings usually unfold first.



### **Breaking the Shell**

This process may take from a few minutes to three or four days, depending on the species. In general, the parents do not intervene or help their young. When the shell is empty, they throw it out of the nest, apparently to avoid attracting the attention of predators. In species whose young

hatch with the feathers already developed, hatching is extremely important. It has been observed that the singing of the chicks stimulates the stragglers and delays those that have gotten ahead; it is important that they all be ready to leave the nest together.



ASKING FOR HELP

The chick calls for its parents from inside. The reply encourages it to continue the effort.





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BIRDS 55

# Postnatal Development

hicks develop at highly variable rates after hatching. Some birds are born with their eyes open and with a thick layer of down feathers. These birds can also feed themselves. That is why they are called precocious, or nidifugous. Ducks, rheas, ostriches, and certain beach birds can walk and swim as soon as they are born. Other species are born naked and develop their feathers later. They need to stay in the nest until they have sufficiently developed, so adult birds must care for them. These birds are called nidicolous. The most helpless chicks are the young of songbirds and hummingbirds, because they need warmth from their parents to grow strong.

### **Nidifugous Young**

parents, and the parents show them

Nidifugous young are fully developed at the moment of birth. They can move and even leave the nest, hence their name (which means "fleeing the nest"). This adaptation demands more incubation time because the chick is almost fully developed at birth. This is the case with incubator birds (Megapodius freycinet), which begin their independent lives in the outside world as soon as they leave the shell. Ducks follow their parents but find food on their own, whereas chickens follow their

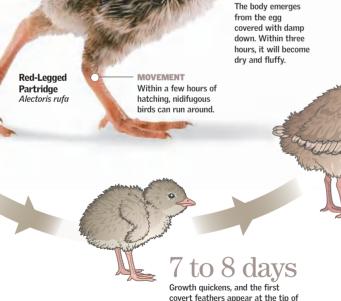
GROWTH STAGES

where to find food

30 hours

The chick keeps warm with the down that covers its body. It can walk and begins to be fed by its parents.

24 hours
IS THE MINIMUM AMOUNT OF
TIME THE BLACK-HEADED DUCK
NEEDS TO BE READY TO FLY.



They are born

FEATHERS

the wing. The bird leaves the nest.

Its diet consists of:

41 days
It is already

considered an adult.
Its flights are longer.
Its diet is composed of
97 percent vegetables;
the rest is made up of
lichens and insects.

15 days

It starts to perform short flights. It reverses its diet, eating:

seeds and flowers.

The rest consists of invertebrates.

#### **SIZE COMPARISON**

#### **NIDIFUGOUS**

The egg is larger, the chick is born more developed, and the incubation period is longer than that of nidicolous birds.



# NIDICOLOUS They lay small eggs, with a bri

They lay small eggs, with a brief incubation period, and the young are helpless at birth.





Most of these chicks are born naked, with closed eyes and with only enough strength to get out of their shells. They stay in the nest. For the first few days, they cannot even regulate their own body temperature; they need their parents in order to stay warm. Within one week, they have a few feathers, but they require constant care and food. They form a

numerically important group that includes Passeriformes (songbirds).

INTERIOR OF THE BILL Its color is bright to stimulate the parents to regurgitate the food.



Some species have shiny areas that can be seen even in the dark.

Nidicolous chicks are born blind. They open their eyes a few days

The chicks are born either naked or with down feathers in some



They need much food to

develop. The parents must

feed them 24 hours a day.

An adult bird can feed its young up to

400 times a day.



Development is complete, and the covert feathers are ready for flight. All that remains is for the bird to reach adult size.

# 10 days

Feathers cover everything, but they are not yet developed. The chick can stay warm on its own, and it is voracious. Growth is very fast.

# 8 days

Feathers cover the chick almost completely, except around its eyes. Its legs are well developed, and the sparrow moves around in the nest.

STAGES OF GROWTH

25 hours
It performs a few

instinctive movements.
It can barely raise its head to ask for food.



The eyes open. The tips

of the first feathers

appear. It performs a

Some feathers begin to unfold, the nails are formed, and the wings continue to grow with the body. It can stand up. 12-15 days

IS THE ESTIMATED TIME THAT IT TAKES THIS NIDICOLOUS CHICK TO LEAVE THE NEST.

# A Diet for Flying

ost birds eat assorted foods that are rich in energy and proteins. Their high level of activity requires that they eat almost constantly. Their sources of food are varied and include seeds, fruits, nectar, leaves. insects and other invertebrates, and meat of all kinds (including carrion). Many species eat more than one type of food; some even alternate according to the seasons and to the migration cycle. This guarantees their survival. However, there are others birds—a minority—that consume only one type of food, for which they have no competition. Because their dependence on this single source of food is greater, though, the risk is higher. Feeding behavior also varies among different species. For example, some eat alone, and others eat in groups.

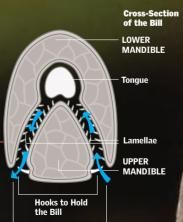
### **A Complex System**

Feeding on microorganisms that live in salty water demands a complex filtration system. The flamingo's bill is specially suited to this task. Its tongue and throat pump the water inside the bill as they ascend and descend, bringing water through the hornlike lamellae, which resemble whale baleen, to retain the food passing through them. Their tongues also have a depressed area, where the stones and sediments that come in with the water collect. The whole operation requires that the flamingo submerge its bill upside down. Because of the number of microorganisms they need to consume and the time it takes to filter them, flamingos usually spend many hours in the water. The risks involved in this activity are mitigated by the fact that flamingos do not eat alone, but rather in groups. Occasionally, there are instances of aggression, possibly because of territorial conflicts.

of Food submerges its bill in the briny water to feed The flamingo fills its bill with water by raising its tongue. By doing this, the flamingo performs an initial filtration that keeps out undesired substances.



A second filtration occurs inside the bill, as the water is expelled. The lamellae (small plates) but let water and other matter pass.





### From Parents to Children

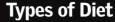
LAMELLAE

Flamingos and pigeons feed their young a special "milk" that is produced in the crop and has a nutritional value similar to the milk of mammals. Both males and females produce it as soon as food is ingested so that the chick is not fed regurgitated food.



The flamingo produces milk in its crop only when it is not eating. A protein called prolactin participates in its

This milk has high



Birds expend a great deal of energy, and their diet must be suited to their high metabolic rates. They eat practically anything, although the diet of some birds is very specific. The same foods are not always available, which causes most birds to adjust their diets throughout the year.

THE HUMMINGBIRD'S TONGUE Long channeled or tubular tongues suck the nectar and catch insects at the bottom of the corolla of a flower.

Pointed tips, in the shape of brushes

is a solution of sugar and water that flowers produce. It is very high in energy and easy to digest. In order to get it, a bird must have a long, sharp bill. In temperate regions, nectar is plentiful in the spring and summer, whereas in the tropical regions, it is available year round. Hummingbirds and honeycreepers are very fond of this juice.



#### **SEEDS AND GRAINS**

The high energy and protein content of seeds make them an ideal food for birds. The problem is that they are seasonal.



Hunting and scavenging birds feed on meat. They rarely specialize in one type of prey, but the prey's size determines



The abundance of fish



#### **LEAVES AND PLANTS**

they have low energy value. Birds that do have und adaptations that permit them to



In the tropics, this diet is very throughout the year. In temperate only in the summer. Fruit has a high



proteins, and they are highly abundant. Thus, many bird species eat them. In cold regions, they can  $% \left( 1\right) =\left( 1\right) \left( 1\right) \left($ be found only in the summer



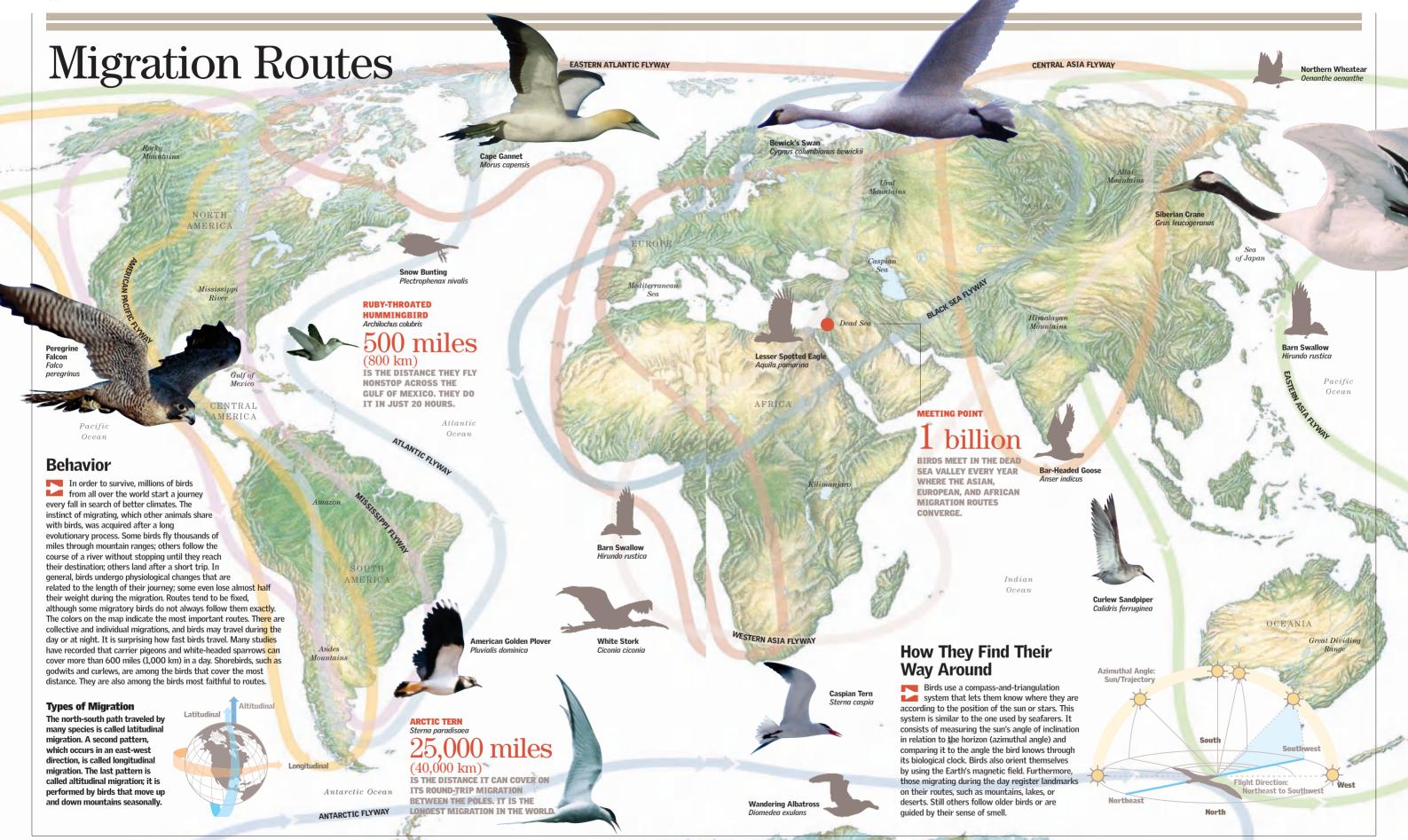
Depending on the abundance of resources, the needs of the species, and the strategies for getting food, birds may eat alone or in groups. If food is scarce or widely scattered throughout a region, birds eat alone and defend their territory. On the other hand, if food is abundant, they prefer to eat within the safe confines of the group.

#### **SOLITARY**

Usually birds of prey, such as eagles and owls, hunt alone because food is scarce and is randomly distributed. Hunting alone has a drawback in that birds must also watch out for predators, which takes time away from hunting.

This behavior is typical of ocean birds, such as pelicans and seagulls, and of aquatic birds, such as flamingos. When birds eat in groups, each group member can warn dangers, which is beneficial.

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BIRDS 59



# Defense Strategies

irds have many predators, including cats, snakes, crocodiles, and other birds. To defend themselves against these predators, birds use various strategies, the most common of which is camouflage. Some birds blend in with their surroundings and thus go unnoticed by their enemies. Chaparrel birds, whose plumage colors and patterns make them difficult to discern when they are on the ground, use this strategy. Other birds take flight in the face of a threat. There are also those that keep still in the presence of unknown animals, feigning death. whereas others face an enemy and fight. It is not uncommon to see magpies, thrushes, and other birds chasing away strangers that get close to their nests.

#### **Individual Strategies**

Among solitary birds, it is common to flee quickly if a stranger is present. Not all solitary birds react this way, though; some have developed specific techniques to defend themselves.

In the presence of terrestrial predators, a bird's first reaction is to take flight. If the bird cannot fly, it looks for shelter or a hiding place.



Owls spread out their wings to look bigger than



Little bustards shoot their excrement in the face of birds that prey on them. This distracts the predator and makes it possible to escape.





is very common and is one of the most efficient defensive strategies Many birds develop plumage to imitate the dominant colors and shapes of the environment where they live. When they notice the presence of a potential enemy, they stay motionless to avoid calling attention to themselves. There are a few notable cases, such as that of the tawny frogmouth (*Podargus strigoides*), pictured above. Many partridges and terrestrial birds are experts at the art of blending in with the landscape; the rock ptarmigan, for example, has white plumage in the winter that becomes terra-cotta in the summer.

#### **Defense of the Brood**

Hatching and youth are times of critical vulnerability for birds. During these phases, they are forced to keep still because they are easy prey. For this reason, parents permanently watch over their nests, even attacking strangers if they get too close.



In other situations, birds adopt openly aggressive behaviors in the presence of intruders or predators. Magpies can even hound and chase away eagles if the latter threaten their brood. Such active defenses are more common among birds of prey.



#### **FEIGNING INJURY**

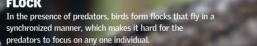
A very widespread behavior is to pretend to be wounded or sick. This allows a bird to avoid being chosen as prey. This behavior is common among warblers, partridges, and pigeons.



When a parent detects danger, it gets close to its young and covers them so that they are not alone. This behavior is common among tropical birds tropical seabirds). Several species of curlews and sandpipers place their young between their legs, whereas grebes carry their chicks on their backs



TO DEFEND ITSELF from the falcon's attack, a flock of starlings squeezes toge dense formation. If they are near a tree, they do not hesitate to hide in it.



#### ATTACKS AND COLLECTIVE AID

**Collective Strategies** Birds that have group behaviors usually develop group strategies to protect themselves against predators. Being numerous is a guarantee that the species will go on. They also

adopt other tactics as a group.

Many birds that live in groups have developed several hounding behaviors in the presence of potential enemies. They perform them to help an individual that is in danger or is unable to flee.

A great number of birds can defend themselves better from predators when in groups. For that reason they even form

colonies with other bird species when raising their your

They emit callings that warn the whole colony. The great that is usually simple, brief, and very audible. They often emit these warnings while adopting postures (such as stretching the neck or shaking the wings) that alone are enough to warn other individuals of the





# Diversity and Distribution

**DUCK** (Anatidae family)

A natural-born fisher, ducks feed on small snails and aquatic insect larvae.

ONE BIRD, ONE NAME 64-65
WHERE THEY LIVE 66-67

NO FLYING ALLOWED 68-69
MARINE RESIDENTS 70-71

FRESHWATER BIRDS 72-73

ARMED TO HUNT 74-75

TALKATIVE AND COLORFUL 76-77

THE PERCHERS CLUB 78-79



he environment in which an organism usually lives is called its habitat. In their habitats, birds find food, the best places to build nests, and escape

routes in case of danger. An almost universal pattern of distribution shows that more species live in the tropics than elsewhere. With evolution, birds with a common origin have diversified as they have begun to occupy different environments. This phenomenon is called adaptive radiation. We find ocean birds, which have undergone many changes in order to live near the sea, as well as birds that live in freshwater environments, in forests, and so on. Each type has acquired special physical traits and behaviors as a result of the adaptive process.

**64** DIVERSITY AND DISTRIBUTION BTRDS 65

# One Bird, One Name

o learn more about different birds, we give each species a name. Ancient peoples grouped birds according to practical traits and mystical beliefs. They used birds as food or considered them to be bad omens or symbols of good luck. The people who developed scientific thought created a classification system that took into consideration the external form as well as the behavior of these vertebrates; hence, the denominations predator, wading bird, and songbird were developed, among others. The most recent system of classification, which is based on genetic and evolutionary criteria, has generated a hierarchical organization of names that is constantly being updated.

# **Diversity and the Environment**

Living birds are distributed among a wide variety of habitats. They can be found in aquatic (freshwater or marine) and aero-terrestrial environments. Marine birds live on cliffs, on islands, or in mangrove swamps. They are excellent fishers, and they use seashores or crannies between rocks as refuges for nesting. In freshwater bodies, such as rivers and streams, ducks feed on plants and surface microorganisms. Muddy shores are rich in insects and mollusks, which are the favorite dishes of ibis. Herons, storks, and egrets spear fish with their sharp bills as they wade in water with their long legs without getting wet, Forests, jungles, mountain ranges, and wide plains form most of the world's aero-terrestrial environments. In jungles and forests, predatory birds hunt their prey, while trogons and parrots gorge on insects and fruit. Rocky peaks are the refuge of condors, which fly for hours in search of the remains of dead animals. Ostriches run over prairies and savannas.

**CUCULIFORMES** 

Cuckoos, Turacos, and Hoatzins

160 SPECIES

#### COLITFORMES 6 SPECIES Mousebirds

#### **PSITTACIFORMES 360 SPECIES**

Parrots, Parakeets, Lories, Cockatoos,

# PASSERIFORMES

#### CHARADRIIFORMES **350 SPECIES**

Seagulls, Lapwings and Plovers

COLUMBIFORMES

Pigeons and Doves

317 SPECIES

## CICONIIFORMES GRUIFORMES

**120 SPECIES** 190 SPECIES Herons, Storks, Ibises, and Egrets

**UPUPIFORMES** 

**STRIGIFORMES** 

174 SPECIES

1 SPECIES

#### CORACIIFORN 204 SPECIES Common Kingf

and Bee-Eaters

**FALCONIFORMES** 295 SPECIES

#### PICIFORMES 382 SPECIES

Woodpeckers, Toucans, and

## TROGONIFORMES

**39 SPECIES** Trogons and Quetzals

# **18 SPECIES**

**SPHENISCIFORMES** 

#### **PROCELLARIIFORMES** 110 SPECIES

# **PODICIPEDIFORMES**

**150 SPECIES** Ducks, Geese, and Swans

**ANSERIFORMES** 

Vireonidae

Laridae

Larus

#### **PELECANIFORMES 62 SPECIES**

CAPRIMULGIFORMES

**109 SPECIES** 

Potoos, Frogmouths

Pelicans, Boobies and Cormorants

HOATZIN

**SPECIES** 

Hirundo rústico

Vireo olivaceus

Larus atricilla

is a tropical bird species that inhabits the

**APODIFORMES** 

**431 SPECIES** 

Amazon. The presence of talons on the

chicks' heels links them to their earliest

ancestors, including Archaeopteryx.

# **PHOENICOPTERIFORMES**

274 SPECIES ickens, Turkeys, Quails

#### TINAMIFORMES 47 SPECIES



What Is a Classification?

Since the early Renaissance in the 16th

century, scientific classifications assigned compound names to birds, as well as to other living creatures. The first part stands for a genus and the second for a specific name. Thus, the

rock (domestic) pigeon is called Columba livia in

scientific terms. The discovery of new species in

different parts of the world widened the array of

group genera of birds that share similar traits. In

birds so that compound names were no longer

enough. The level of family was established to

turn, bird families that share common traits

were grouped into orders. These were then

combined into a category called class. Classes

include all current and extinct birds. Birds share

a higher category in the hierarchy-the phylum-

with fish, amphibians, reptiles, mammals, and

vertebrates in general.

# Albatrosses, Petrels,

Chordata

# 21 SPECIES

Aves

BTRDS 67 **66** DIVERSITY AND DISTRIBUTION

# Where They Live

ith their mobility, birds have conquered all areas of the Earth. Despite this characteristic, there are few cosmopolitan species—that is, most birds have specific habitats determined by climate and geographic features. Count de Buffon in the 18th century was the first person to notice that living beings are not distributed homogeneously. By analyzing how animals were dispersed on the planet, he realized that different places had different types of fauna. After the work of naturalist Charles

Darwin and ornithologist Philip Sclater, it became clear that organisms are

situated in specific

biogeographic regions.

## Nearctic

**Species** 

#### **CHARACTERISTICS**

Climatic barrier of cold weather and oceanic isolation

Most migrating species

Many insectivorous and aquatic birds Affinity with Palearctic

NORTH AMERICA

# **Oceania**

Atlantic

Ocean

**Species** 

#### CHARACTERISTICS

Large area and number of climate Gliders, divers, and swimmers

Abundance of fish-eating species

Many cosmopolitan species

Endemic Avifauna: albatrosses. sheathbills, petrels, penguins, and seagulls

# Endemic Avifauna: loons and puffins

# **Adaptations According to** the **Environment**

Birds are found in all habitats of the world, although most live in tropical regions. Their ability to adapt, however, is remarkable. From jungles to deserts, from mountains to coasts, and even on the sea, birds have succeeded in acclimating themselves. They have undergone a highly varied array of changes in form and behavior. Emperor penguins not only nest in Antarctica but they also incubate their eggs between their feet for 62 to 66 days. The male Lichtenstein's sandgrouse has

developed a sponge of feathers to bring water to its chicks, and hummingbirds have special wings that enable them to

make all sorts of

SOUTH AMERICA

#### This region undoubtedly has the greatest diversity of birds. The variety in the South American tropics, the most important tropical zone in the world, is one and a half times greater than that of tropical Africa. With more than 1,700 species, Colombia, Brazil, and Peru are the countries with the greatest diversity of

avifauna, Even Ecuador, a much smaller country, has more than 1,500 species.

ΗΩΔΤ7ΤΝ

**Neotropic** 

CHARACTERISTICS

Long-lasting geographic

Many primitive species

Endemic Avifauna: rheas.

Great numbers of frugivores

cotingas, and stripe-backed

# **Biodiversity in the World**

The most diverse regions in terms of bird populations are the tropics because of the favorable conditions of abundant food and warm climate found in them. Temperate regions, however, with their seasons, are destinations for migrating birds from tropical and polar regions. Cold regions, on the other hand, have little diversity but are rich in population density. The rule is that diversity of lifeforms happens in places where the environment requires less severe adaptations.



ASIA

region Holarctica.

Because of similar climatic conditions,

many authors merge the Palearctic and

Neoarctic regions, calling the combined

# **COUNTRIES WITH THE**

#### More than 1,500

Colombia Brazil Peru Ecuador Indonesia

#### More than 1,000

Bolivia Venezuela China India Mexico Democratic Republic of the Congo Tanzania Kenya Argentina

Pacific

OCEANIA

## **Palearctic**

Species

#### CHARACTERISTICS

Climatic barrier of cold weather and oceanic isolation

Low diversity of species

Most are migratory species Many insectivorous and aquatic birds

Endemic Avifauna: wood grouse. waxwings, flycatchers, cranes

# **Afrotropic**

AFRICA

EUROPA

**Species** 

#### CHARACTERISTICS

Maritime and desert isolation **Great number of Passeriformes** Many flightless birds

Endemic Avifauna: ostriches. turacos, cuckoos

# **Indomalava**

Indian

**Species** 

#### **CHARACTERISTICS**

Affinities with the Afrotropical zone Tropical birds

Many frugivores

Endemic Avifauna: ioras, pittas, swifts

Archilochus colubris

# **Australasia**

Species

## CHARACTERISTIC

Long isolation Many flightless and primitive birds

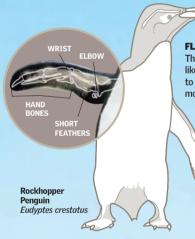
Endemic Avifauna: emus, kiwis, cockatoos, birds of paradise

# No Flying Allowed

few birds have lost their ability to fly. Their main characteristic is wing loss or reduction, although for some a remarkable size may be the cause of their inability to fly. Such birds weigh more than 39 pounds (18 kg). This is the case with runners (ostriches, cassowaries, emus, rheas, kiwis), extremely fast birds that live in remote areas of New Zealand, and swimmers, such as penguins, that have developed extraordinary aquatic abilities.

# **Super Swimmers**

Penguins' bodies are covered with three layers of small, overlapping feathers. A penguin has small limbs and a hydrodynamic shape that helps it swim with adility and speed. Dense, waterproof plumage and a layer of fat insulate the bird from the low temperatures of the regions where it lives. Since its bones are rigid and compact, it is able to submerge itself easily. This adaptation distinguishes it from flying birds, whose bones are light and hollow.



The short, compact wings look like flippers. They are essential to the penguin's underwater

ATROPHIED

of flying and swimming

flat sternum of running

SMALL

LONG

NECK

**PENGUIN HEADING TO THE WATER** 



The wings work like flippers. The foot—with four joined toes pointing backward—and the tail steer the direction of

When looking for food, penguins need to leave the water and take a breath

#### RELAXING

When resting in the water, they move slowly. They float on the surface with their heads up and balance their bodies with their wings and feet.

#### AFRICAN OSTRICH

A single species inhabits eastern and southern Africa. Adults reach a height of 9 feet (2.75 m) and a weight of 330 pounds (150 kg).

## The Ratites

Running birds belong to the group of the ratites (rata = raft, an allusion to the flat sternum). The front limbs either are atrophied or have functions unrelated to flying. The hind limbs have very strong muscles as well as sturdy, vigorous bones. Another difference is found in the sternum. It is a flat bone without a keel, which flying and swimming birds possess. Wild ratites can be found only in the Southern Hemisphere. The Tinamidae, native to Central and South America, belong to this group

STRUTHIONIFORMES The ostrich is the only species in this group. It uses American countries, such as its wings for balance when running fast. It has only two Argentina. They look like ostriches but are smaller. toes on each foot. The adult male can weigh up to 330



# CASUARTIFORMES





#### **GREATER DIVERSITY**

In many cases, running birds can be found in many parts of the world because of human intervention. The area where flightless birds have diversified the most is Oceania, due to continental isolation

# **Other Walkers**

More than 260 species belong to the order Galliformes, which includes chickens, turkeys, and pheasants. The birds in this group have keels, and they perform abrupt and fast flights, but only in extreme situations. Their feet are suitable for walking, running, and scratching the ground. This group includes the birds that human beings use the most. In general, males are in charge of incubating and raising the young.

#### **FLYING WITH LITTLE GRACE**



# **Running and Kicking**

Ostriches usually run to escape from predators or to hunt small lizards and rodents. In both cases, because of their strong legs, they are able to reach a speed of 45 miles per hour (72 km/h) and to maintain it for 20 minutes. When running is not enough to protect the bird, kicking is a valid recourse that discourages the attacker. In courtship displays, forceful stamping is also used to win over females.

the foot and the ground

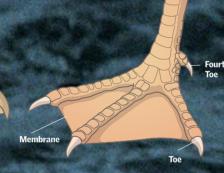


# Marine Residents

f the more than 10,000 bird species inhabiting the Earth, only about 300 have managed to adapt to marine life. To survive at sea, they have undergone multiple adaptations. For instance, marine birds have a more efficient excretory system than that of other species, including a specific gland that helps them eliminate excess salt. Most marine birds live on the coasts and have mixed behaviors; others are more aquatic than aerial. A few—such as albatrosses, petrels, and shearwaters—can fly for months at a time, landing only to raise their chicks. They are called pelagic birds.

# **Adaptations**

Marine birds are well prepared to live on water, especially those that fish out at sea. The tips of their bills are hook-shaped, and their feet have webbed membranes between the toes. They also have an admirable ability to float. The saline water is not a problem; these birds can even drink it. In some pelagic birds, sense of smell plays an important role in enabling them to detect the oil of the fish in the water to find schools of fish. They also use their sense of smell to find their nests in colonies.



#### TOTIPALMATE FEET

A characteristic of many marine birds. The posterior toe (hallux) is joined to the other toes by a membrane. It creates more surface area, and therefore more push, as the bird swims. Birds with this kind of foot walk clumsily.

# 148 feet (45 m)

IS THE MAXIMUM DEPTH THEY REACH. COMMON LOONS—BIRDS INDIGENOUS TO NORTH AMERICA THAT SPEND THE WINTER AT SEA—HAVE BEEN RECORDED TO REACH THIS DEPTH. ALMOST UNABLE TO WALK, COMMON LOONS ARE EXCELLENT SWIMMERS AND DIVERS. THEY NEST AT INLAND LAKES DURING THE SUMMER.



## **VARIOUS MARINE BIRDS**

IMPERIAL SHAG

Phalocrocorax atriceps
This great coastal diver
has solid bones and strong
swimming feet. It does not
oil its plumage so that it
can better submerge.

#### **BROWN PELICAN**

Pelecanus occidentalis
It stays on the shore. It
uses its crop as a fishing
net while it swims.

# HERRING GULL Larus argentatus

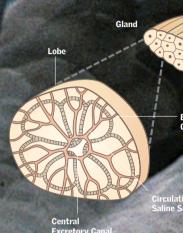
Larus argentatus
A voracious fisher and
great glider. There are
many species, some truly
cosmopolitan.

#### **CAPE GANNET**

Morus capensis
Skillful spearfishers. They
live in colonies in Africa. To
help cool thevees, they
have a strip of naked skin
on their throats.

# Salt Gland

Living in the ocean requires a few adaptations. The most notable one is the salt gland, which eliminates excess salt from the bloodstream. This way, marine birds can even drink salt water without suffering dehydration, as would be the case with humans. This gland is very efficient: it has been observed that 20 to 30 minutes after drinking a saline solution with concentrations similar to that of the ocean (4 percent), birds eliminate another solution (through the nostrils) with 5 percent salt, in the shape of water drops.



# **Fishing Methods**

TUBULAR NOSTRILS

On petrels and shearwaters, the tubular nostrils have merged on top of the bill, forming a

Many marine birds fish by diving into the sea. This way, they can access fish that swim below the surface. In order to reach deeper levels in the water, they fly up several feet, spy a school, fold their wings, and plunge with their necks stretched forward. Thanks to the buoyancy of their feathers, they are back on the surface moments later.



The bird dives to gain speed.

It folds its wings and stretches out its neck to immerse itself in the water and reach the school of fish.`

The bird immerses its bo as much as possible to catch the fish; its feathe cause it to float back up

# Freshwater Birds

his group includes birds that vary greatly—from common kingfishers to ducks to storks—and covers a wide spectrum. Freshwater birds live in rivers, lakes, and ponds for at least part of the year and are perfectly adapted to aquatic life. Some are excellent swimmers, whereas others are great divers. An important group wades in watercourses with long legs as they fish. Freshwater birds have a varied diet and are mostly omnivorous.

## **Ducks and Distant** Cousins

The order Anseriformes includes birds that are very familiar to humans: ducks, geese, and swans, for example. They have short, webbed feet and wide, flat bills lined with lamellae (false teeth) that enable them to filter their food, catch fish, and scrape the beds of rivers and ponds. Most are omnivorous and aquatic (either staying on the surface or diving), although some species spend more time on land. They are widely distributed, and the plumage of males becomes very colorful during the courtship season.



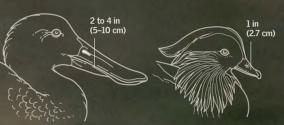
#### **ORIFICES**

Open and oval

#### LAMELLAE

Around the inside edges of the bill

are flat, wide, and slightly depressed toward the middle. In general, their shape does not vary, but there are species with tiny bills (the mandarin duck, for example).



# **Wading Birds**

These birds belong to an artificial order since, from a genetic perspective, the species are not related. They are grouped together because adaptation to the same habitat has caused them to develop similar shapes: long bills and necks to perform skillful movements and thin legs designed to wade across the water as they fish. Herons form a special group because they are cosmopolitan and because they have powder down feathers. Ibis and storks also have a wide distribution (area in which they occur). Birds that have spoon- and hammer-shaped bills are found primarily in Africa.







SHOEBILL (Balae-niceps rex): It eats among floating sedges.



**Divers and Other Fishers** 

Diving birds belong to the family Podicipediformes. They feed on small fish and aquatic insects. They are very clumsy on

the ground. In the Coraciiformes order, common kingfishers and other similar birds find their prey by closely watching the water.

When one of these birds notices a small fish, it spears it, catching

around the edges of ponds in search of food. Their long legs keep

it with its bill. In the order Charadriiformes, curlews wander

their bodies out of the water. They are not swimmers.

STONE CURLEW

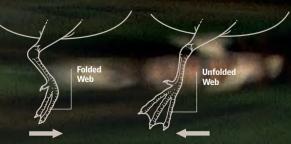


THE BILL OF AN IBIS

is long and thin, ideal to stick in the mud to look

#### HOW THEY USE THEIR FEET TO SWIM

A duck moves its feet in two ways. To advance, it spreads out its toes and uses its webbed feet to row. It closes the toes to bring the foot forward again. If the bird wants to turn, only one foot pushes to the side.



#### A DUCK'S DIET



It swims on the surface, looking for food underneath the water.



It sticks its head into the water, abruptly pushes back its feet, and turns its



and pokes the bottom with its bill.



HERON (Egretta sp.): It





White Ibis

# THE LEGS OF AN IBIS keep the bird above the

water but close enough to fish. Ibis also stir up the beds of lakes and ponds.

**HOW THE VULTURE HUNTS** 

# Armed to Hunt

irds of prey are hunters and are carnivorous by nature. They are perfectly equipped to eat living animals. Their evesight is three times sharper than that of human beings; their ears are designed to determine the precise status of their prey; they have strong, sharp talons; and they can kill a small mammal with the pressure of their talons alone. Their hook-shaped bills can kill prey by tearing its neck with a single peck. Eagles, falcons, vultures, and owls are examples of birds of prey. Birds of prey can be diurnal or nocturnal, and they are always on the lookout.

## **Diurnal and Nocturnal**

Eagles, falcons, and vultures are diurnal birds of prey, whereas owls are nocturnal—that is, they are active during the night. These two groups are not closely related. These birds' main prey includes small mammals, reptiles, and insects. Once they locate the victim, they glide toward it. Nocturnal birds of prey are specially adapted: their eyesight is highly developed, their eyes are oriented forward, and their hearing is sharp. The feathers on their wings are arranged in such a way that they make no noise when the bird is flying. In order to protect themselves while sleeping during the day, they have dull plumage, which helps them blend in with their surroundings.

## Bills

The bills of birds of prey are hook-shaped. Some birds of prey have a tooth that works like a knife, allowing them to kill their prey, tear its skin and muscle tissues, and get to the food easily. The structure and shape of the bills of birds of prey changes depending on the species. Scavengers (for example, vultures and condors) have weaker bills because the tissues of animals in decomposition are softer. Other species, such as falcons, catch prey with their talons and use their bills to finish it off with a violent stab to the neck, breaking its spine.



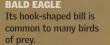
Bubo bubo Its ears are asymmetrical and can determine the location of prey with great precision.

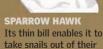


Haliaeetus leucocephalu It has a visual field of 220 degrees and a bifocal vision of 50 degrees.



shells.







It can break the spine of its prey with its upper bill.



Its strong bill can catch prey as large as hares.

### **OWL PELLETS**

Owls produce pellets. They swallow their prey whole and regurgitate the indigestible substances. The study of pellets make it possible to determine the fauna of small areas with great precision.



# 5 miles

IS THE DISTANCE FROM WHICH A FALCON CAN PERCEIVE A PIGEON.

Its long toes do not have a good grasp.

Its toes have rough scales that look like thorns, which help it to catch fish

its toes.



It has calluses at the tips of



Its feet have tarsi and short, strong toes.

## **DIMENSIONS** The wings of birds of prev are

adapted to suit their flying requirements. They can measure up to 10 feet (3 m).



Condors 3 to 9.5 ft (0.95-2.9 m)



Eagles 4.5 to 8 ft (1.35-2.45 m)



rds 4 to 5 ft (1.2-1.5 m)





3.4 to 4.4 ft (1.05–1.35 m)



2.2 to 4.1 ft (0.67-1.25 m)

characteristics of a spe

on thermals, vultures can find

that the bird uses as pincers to catch its prey in flight. The osprey also has thorns on the soles of its feet, which help it to catch fish.

**76** DIVERSITY AND DISTRIBUTION BIRDS 77

# Talkative and Colorful

arrots form a very attractive bird group with a great capacity for learning. This group comprises cockatoos, macaws, and parakeets. They share physical characteristics, such as a big head, a short neck, a strong hook-shaped bill, and climbing feet. They have plumage in many colors. Toucans and woodpeckers share with parrots the colors of their feathers and their type of feet. Toucans have a wider, thicker bill, but it is light. Woodpeckers are climbing birds with a strong, straight bill, a tail of stiff feathers, and a distinctive crest. They form numerous groups, and most nest in trees.

## **Eating, Climbing,** and Chattering

Parrots use their bills to feed and to move about tree branches; they use their bills as an extension of their feet to give them support when they climb. Parrots also have a curved profile, a pointed tip on their upper mandible, and sharp edges on their lower one. These adaptations are practical when it comes to cutting and breaking fruits and seeds. The largest species like fruits with shells, such as walnuts, hazelnuts, and peanuts. The smaller ones prefer nectar and pollen, which they obtain with the help of brush-shaped bristles on their tongues. Their helibit is in the boundaries and the second of the shape of ability to imitate the human voice has made them very popular. However, they are far from being able to produce language. In reality, they are merely good imitators: they use their excellent memory to imitate sounds They do this when they are hungry or when they detect the presence of unknown people.



# UPPER PART OF THE BILL

It is where the most



#### UPPER AND LOWER MANDIBLES

The hook-shaped bill is flexible; the mandibles are joined to the skull by hinges. At its base, the upper mandible has a fleshy protuberance called a cere.



WINGS
Usually they are short and rounded suitable for flying among branches.

HOOKED RILL

### **FEATHERS AND COLORS**

They use it to grab fruits and

FEET LIKE HAN In some

is 12 inches (30 cm) tall, to the

(*Anodorhynchus hyacinthinus*) from South America, which is

33 inches (1 m) tall.

NK PARAKEET

The Feet

shorter than that of other birds.

COCKATOO

They have tough and lustrous plumage. An abundance of green feathers helps them to hide among the leaves. In South America, the array of colors includes hues of blue,











hollow out tree trunks with pecks in order to build a nest and to feed on insects that eat wood.

#### THE HABITAT OF WOODPECKERS

arboreal life are demonstrated by their strong, ick bills and their stiff tails, which they use for support, together with their feet. They use their hearing to locate tree-boring insects; they then peck the wood incessantly until they



serrated edges that suit their diet of fruit. They live in the South

#### QUETZALS

Trogonidae. They have feet adapted to arboreal life. Males have brilliant plumage and long, attractive tails.

# The Perchers Club

asserines—or Passeriformes, the scientific name—form the widest and most diverse order of birds. What distinguishes them? Their feet are suited for perching and, therefore, for living among trees, although they can also stroll on the ground and through the brush. They inhabit terrestrial environments all over the world, from deserts to groves. Their complex sounds and songs originate from a very well-developed syrinx. Their chicks are nidicolous—that is, naked and blind at birth. In their youth, they are agile and vivacious, with very attractive, abundant, and colorful plumage.

#### THE SMALLEST

Passerines are small in comparison with other birds. Their size varies from 2 inches (5 cm) (bee hummingbirds, *Mellisuga helenae*) to 7 inches (19 cm) (*Chilean swallow, Tachycineta leucopyga*) to 26 inches (65 cm) (common raven, *Corvus corax*).

HUMMINGBIRDS 2 in (5 cm)
They get so much energy from nectar that they can double their body weight by eating.
However, they use this energy up during their frantic flights.

SWALLOWS 7 in (19
Swallows have great agility and skill. These popular migratory bird have bodies suited for long trips.

SWALLOWS 7 in (19 cm)

Swallows have great
agility and skill. These
popular migratory birds
have bodies suited for
long trips.

RAVENS 26 in (65 cm)
They eat everything:
fruits, insects, reptiles,
small mammals, and birds.
They are skillful robbers of
all kinds of food.

### PASSERIFORMES BIRDS

Passerines have been classified int 79 families, with more than 5,400 different species.



50%

THE PERCENTAGE
OF BIRDS THAT
ARE INCLUDED IN
THE ORDER
PASSERIFORMES

#### SINGER

This blue-and-white swallow (Notiochelidon cyanoleuca) intones its pleasant and trilling chant while it flies or when it alights. Larks, goldfinches, canaries, and other passerines delight us with their trills and sounds.

#### HARD, SHORT

The bill of a swallow is very short and tough. The swallow can use it to catch insects in flight.

#### VRINY

This sound-producing organ is located at the end of the trachea. The muscles in the syrinx move the bronchial walls, which, as the air passes through, produce the melodic sounds that characterize songbirds.



Syringea Cartilage

> -Bronchial

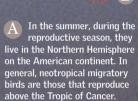
onchial Iscles

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#### LIVING AT THE EXTREMES

They range from one hemisphere to the other. They raise their chicks in the north and fly to the south to spend winter there. They fly all the way to Tierra del Fuego. Their sense of direction is remarkable. They can find and reuse their nests after returning from a migration.





B When winter arrives in the Northern Hemisphere, they perform a mass migration to the south, occupying the Carribbean and South America. The barn swallow travels 14,000 miles (22,000 km) during its migratory trip from the United

#### PERCHING FOOT

Three toes project forward, and the well-developed hallux projects backward. This type of foot allows the bird to hold on tightly to branches.

#### BARN SWALLO

(Hirundo rustica)
Barn swallows spend mo
of their time traveling to
temperate zones.

# **Family Album**

Four basic groups have been established to facilitate the study of families: passerines with wide bills; ovenbirds, whose plumage is dull and brown (ovenbirds are noted for the great care they take in building nests); lyrebirds, whose tails have two external feathers that are longer than the others; and songbirds, with their elaborate and pleasant singing. Songbirds form the most numerous and varied group; it includes swallows, goldfinches, canaries, vireos, and ravens.

#### LYREBIRDS

There are only two species of these Passeriformes, and they are found only in Australia. They are very melodic and are excellent imitators of other birds. They can even imitate the sound of inanimate objects, such as horses' hooves.

#### WIDE BILLS

They are native to Africa and Asia and inhabit tropical zones with dense vegetation. They eat insects and fruits. They produce nonvocal sounds with the flapping of their wings. They do this during courtship, and the sound can be heard 200 feet (60 m) away

# OVENBIRDS AND THEIR RELATIVES

Their nests are completely covered structures, similar to ovens. Other members of this family build nests with leaves and straw, weaving interesting baskets. Still others dig tunnels in the ground.

# Humans and Birds

ROBIN CHICKS (Erithacus rubecula) Although their natural habitats are humid groves, they usually seek shelter in cities always close to water BIRDS AND HUMAN CULTURE 82-83 BIRD DOMESTICATORS 88-89
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AMONG US 86-87



uman beings have long taken an interest in studying these high-flying creatures. They have served as a source of food and have sometimes been used as indicators of the arrival of rain, storms, or the presence of common enemies, such as dangerous reptiles. Evidence of ancient peoples' veneration of birds can be found in documents,

paintings, and reliefs. The Egyptians were the first to domesticate pigeons. Today several species brighten up homes with their colors and cooing. Other types of birds, such as sparrows

and swallows, live with us in cities. The destruction of bird habitats, through the excessive exploitation of natural resources, is one of the main causes of bird extinctions. •

# Birds and Human Culture

irds fly, sing, dance, and have showy plumage. Because of these qualities, they have fascinated human beings throughout history. Some species, such as eagles, have played an important role in world literature because of their aggressiveness and beauty. Some birds have also been assigned symbolic meanings: doves, which currently represent peace, are one example. Human beings have also been able to make use of birds. In the past, they were often used by sailors to find land, and in other cases they were trained to hunt.

# **Falconry**

HORUS, THE FALCON, is an important god in Egyptian mythology. His eyes represent the sun and the moon, and together with Seth he watches over the boat of Ra, which carries the

This practice originated in Asia, in the homeland of the nomadic Mongols—descendants of Genghis Khan—where, to this day, it is commonly used as a form of subsistence by part of the population. It consists of using birds of prey (mainly falcons) to hunt. Trained birds are typically carried, hooded, and perched on their masters' arms. When released, they fly at high altitudes looking for prey, and then dive toward the ground to hunt it. They carry the prey back to their masters, who reward them with food. The basic training process takes a little over a month and a half.

## **Rites and Beliefs**

Birds have long enjoyed a prominent place in religion—first as totems and then as iconic representations of gods. Many religions have featured deities with the wings or heads of birds. Birds were also celestial messengers, and the future was interpreted through their flights. The crow was Apollo's messenger in ancient Greece; the Maya and Aztecs had Quetzalcóatl, their supreme god, who was named after the quetzal (a brightly colored Central American bird); and the Egyptians represented their fundamental god Horus with a falcon

#### **ELEMENTS**

irds and masters wear specific clothes In addition to gloves, hoods, and straps radio transmitters are now also used to locate the birds as they fly.



FENGHUANG

was the messenger bird of Xi Wangmu, goddess of fertility and eternity in ancient China. A detail of a

painting in the caves of Mogao, Dunhuang, China, is pictured above.

Pictured above is a detail of a Mayan ceramic piece featuring quetzals, Mesoamerican birds



**GARUDA FRESCO** 



TRANSMITTER

GLOVE

PIGEON Sometimes their numbers in urban areas become

# **Bird Symbolism**

Throughout history and across cultures, human beings have used birds to symbolize several concepts. The fascination that their flight creates was a source of inspiration for such interpretations. Today the strongest and most widespread association is that of the flight of birds with freedom. In distant times (and in not so distant times), however, birds have represented many other things, from fertility and happiness, with their spring songs, to deep mourning, in the case of crows and vultures. Wisdom has been associated with owls, and shrewdness with crows. According to a certain modern tale, storks are responsible for bringing babies, and eggs are the universal

## **COMPETITOR BIRDS**

When birds share a habitat with humans, they often compete for resources (light, water, space, and nutrients). This is the case with birds that feed on cultivated crops. Urban areas, which have buildings that offer good nesting sites, attract many birds. This fact can be commonly observed in squares and open spaces, where pigeons and sparrows form veritable flocks



**SPARROW** The



In Greek mythology, it was the symbol of Zeus. The Romans used it on their legions' banners. For many native North American cultures, it represented war, and it was the emblem of feudal lords and emperors. Today it is the national symbol of Mexico and the





## DOVE

Doves currently stand for peace, but in ancient Greece, Syria, and Phoenicia, they were used as oracles. In Mesopotamia and Babylon, they embodied fertility. For Christians, they symbolize the Holy Spirit and the Virgin Mary.

# **Dressing Up in Feathers**

Almost all cultures have used bird feathers for decorative and ritualistic purposes. Their use as ornaments extended to North and South America, Africa, and the Western Pacific. North American indigenous peoples featured them on their war outfits, Hawaian kings wore them on their royal costumes, and the Mayans and Aztecs used them

# How to Get to Know Birds

rnithology (from the Greek *ornitho*, "bird," and *logos*, "science") is a branch of zoology that studies birds. Ornithologists and a great number of bird lovers, who enthusiastically want to know more about these creatures, carry out the task methodically and patiently. They observe, analyze, and register birds' sounds, colors, movements, and behavior in their natural environments. To undertake this fieldwork, they develop methods and techniques and use technological resources to track

Many studies on natomy, physiology, and genetics of different bird species are carried out in

# **Catching Birds**

#### MIST NET

These fine nets are usually placed over swamps or marshes, and they can catch small birds. Once the birds are identified with a ring or some other tag,

#### **CANNON NETS**

birds using cannons or rockets. They unroll and catch birds as they are eating or resting. They are used to catch large birds.



#### **HELIGOLAND TRAP**

It consists of a large barbed-wire funnel or corridor that ends in a box. Birds caught like this are tagged so that they can be monitored and studied later on.



Scientists take advantage of molting to study

en they are changing hese birds stand on their hich makes it difficult to

place or observe any rings on their legs. Instead, strips are

electronic chips are

placed around their wings, or

implanted in their skin. The

latter technique is less

They are very visible and can be codified for individual identification. They stay on the bird for long periods of time and are normally used on birds of prey.



The Marking of **Captured Birds** 

This technique provides data on

migration, survival, and

effects in its behavior, longevity, or

social interactions. Under no circumstances should this procedure hurt a bird. To avoid

hurting birds, rings are designed to be placed on them rapidly and easily, yet to stay in place until the

research is completed.

Numbered aluminum rings are used. When placing one on a bird, one should make sure that it slides and turns

around the tibiotarsus to avoid hurting the bird or causing it to change its activity.

WING MARKERS

reproduction rates, among other data. The bird should not suffer adverse

#### **NECK MARKERS**

When placed appropriately, necklaces are effective markers, with few adverse effects on geese, swans, or other aquatic birds with long necks.



### **NASAL MARKERS**

fastened to the nasal orifices of

PAINTS AND DYES
Birds that visit environments with dense vegetation are normally marked with nontoxic colorings on the feathers of their highest and most visible body parts.



# **Direct Observation**

Observing in a bird's natural habitat provides much information. For the greatest success, bird-watchers typically place themselves in front of rocks or trees in order not to form a silhouette. An alternative technique is to create a hiding place, such as a hollow cardboard rock. In both cases, the watcher needs to be facing away from the sun and must be prepared to stay for a long time.

specimens and learn about what

happens to them during given

times of the year.

**WORK CLOTHES** Although seemingly a small detail, clothes can

be a hindrance. They should be comfortable and soft, appropriate

for the weather, and

of colors that

**BINOCULARS** 

They make it possible to see details in color and shape without

disturbing the birds. Their usefulness

depends on the pow

of their lenses.

# CAMERA WITH ZOOM LENS A camera with a powerful lens

vides the







# Bird Domesticators

he breeding of birds in captivity has great social and economic value. This activity is carried out all over the world on industrial poultry farms and family farms where birds are raised for consumption and sale. A great variety of domestic birds have been developed from species inhabiting natural environments. We use their flesh and eggs as food and their feathers in coats to protect us against the cold. We also use birds for communication and as colorful and melodic pets. They are so dependent on people that in some cases they cannot survive when they are freed.

## **At Your Service**

Domestic birds have been bred from the following orders: Galliformes (hens, quails, turkeys, and pheasants), Anseriformes (ducks and geese), Columbiformes (pigeons), Passeriformes (canaries), and Psittaciformes (parakeets and parrots). In poultry farming, they are divided according to their use: barnyard birds (Galliformes, Anseriformes, and Columbiformes) and companion birds or pets (Passeriformes and Psittaciformes). Commercial poultry farming of barnyard birds generates high revenues worldwide. Farmers can take advantage of the fact that birds are very active during the day, that they readily live in groups, and that they have a high reproductive rate due to polygamous behavior. Pets have commercial appeal, with their colorful plumage, ability to express themselves, and friendliness toward humans. These characteristics make them muchappreciated pets.



AIRMAIL For more than 1,700 years, human beings have used pigeons to send messages. Armies have used them as communication aids during wars. Pigeon keeping is the practice of breeding and preparing pigeons to become messengers, a task that makes the most of their

agility and intelligence.



TURKEY On the American continent. these birds were domesticated by the indigenous pre-Mexican species called Meleagris gallopavo gallopavo

# GOOSE

Contemporary domestic breeds descend from wild Asian and eastern European species. They are fattening them easy.

These birds are an important source of food in Southeast Asia. In Central and South America, the consumption of ducks is

#### **BIRD FLU**

This disease, also called avian influenza A, is caused by a virus whose strains have various levels of virulence. It disseminated from Asian markets, where the overcrowding of domestic birds is common. This promoted the spread of the disease to wild birds. As of 2006, more than 30 million birds had succumbed to this disease. Cats, pigs, and human beings have also been infected.

THE COMMOTION AND FEAR OVER DISEASE HAVE REDUCED THE DEMAND FOR THE



The virus can be

ucks carry the

transmitted to the most common of domestic birds: chickens

are immune to

#### SIZE COMPARTSON

The H5N1 virus is transmitted to humans through direct contact with domestic birds



When compared to other farm animals. birds grow and reproduce easily. They need to have a place with appropriate temperature, humidity, and ventilation in order to yield the desired amount of meat or eggs. For this reason, it is necessary to maintain continuous environmental and sanitary control of the area in which they are bred. Ideally they should be able to walk, run, scratch the earth in search of food, and take sunbaths. Additionally, to protect them from predators and from nent weather, it is important to shelter

m 0.5 to 0.8 c -3 I) of water a c

# MIXED DIET

Birds look for insects and plant shoots as they peck the soil. The breeder complements this diet with nutritionally

#### DOMESTICATION IN HISTORY

The domestication of birds is a very old activity, as shown by records from rent cultures in different parts of the world. It was related to the ion of a sedentary way of life by human populations.

2000 BC

Far East

1492

Descendants of the royal duck (Anas platyrhynchos) were domesticated in this area of the Asian continent (what is now China).

# Mexico

The Spanish colonizers encountered turkeys domesticated by inhabitants of the New World

90 HUMANS AND BIRDS **BIRDS 91** 

# **Endangered Species**

ince early civilization, people have affected the Earth's environment. The cutting of trees in rainforests and woodlands has destroyed many bird habitats, the loss of which is the leading cause of bird extinctions today. Also, the introduction of animals such as cats, dogs, and rats to new areas has created a

threat for many bird species. Indirect poisoning with pesticides, the trafficking of exotic birds as pets, and the sale of feathers have done further damage to many species. Fortunately, all is not lost. The first step to conserving the world's avifauna is to learn about the

extinction of birds and its magnitude.

# The Most Important Causes

Birds are very sensitive to changes in their habitats, and this is the main cause of extinction (87 percent of species are affected by it). Excessive hunting is another of the greatest dangers, affecting 29 percent of the endangered species in the world. The introduction of foreign species is yet another major danger, jeopardizing 28 percent of species. In addition, the intervention of human beings through the destruction of habitats and the introduction of pollution combined with the occurrence of natural disasters harms more than 10 percent of species.

#### **POISONING**

are endangered by the excessive use of nonbiodegradable pesticides

Most birds of prev



Small quantities of poison in seeds . accumulate in larger amounts in birds and other



Birds of prey eat the granivores. The increasing use of pesticides impacts hunting birds the

Pesticides are

sprayed on crops

to eliminate pests.

and they stick to

Camarhynchus heliobates There are about 100 remaining species on the

AMERICA

UNITED STATES

Pacific

**Everglades** 

**SAVING THE PEREGRINE FALCON FROM EXTINCTION** 

PERFGRINE

couples of

There were 350 Peregrine falcons disappeared in the wild use of pesticides

(DDT and dieldrin)

Falcons were bred in captivity University, to be

COLOMBIA

**ECUADOR** 

MANGROVE FINCH

Galapagos Islands.

850 birds were set free in the United States

# BirdLife International It monitors endangered species and

CALTFORNIA

being studied

**HYACINTH MACAW** 

9.000 specimens live in

BRAZIL

live on humid mountain ranges,

15,000 feet (3,500-4,500 m).

Their number is unknown

at altitudes between 11.500 and

**ROYAL CINCLODES** 

Cinclodes aricomae

SOUTH

AMERICA

the Amazon.

Anodorhynchus hvacinthinus

It is estimated that 1,000 to

Until 1978, there were 30 specimens in the wild Bred in captivity, new specimens have been set free since

1993. Their adaptation is

Atlantic

Ocean

#### **CLASSIFICATION OF RISK**

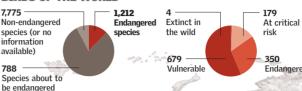
Extinct in the Wild only in captivity

Extinction is

Fast-decreasing population

#### High risk of extinction in the wild

#### **BIRDS OF THE WORLD**



#### **EXTINCT BIRDS**

Although the responsibility of human beings is undeniable, many species became extinct because of natural phenomena from the 18th century to date are related to human activities.

**SPECIES HAVE GONE EXTINCT SINCE THE** 18TH CENTURY



Pacific



INDIAN VULTURE Gyps indicus Its population has decreased significantly as a result of the veterinary use of diclofenac. The vulture eats the carrion of anim treated with this drug and becomes poisoned

#### AFRICA

Ocean

# Serengeti

Wankie •

Krüger

 SHELTERS AND SANCTUARIES FOR ENDANGERED BIRDS

LEGEND

Indonesia Brazil Colombia China

# **Alarming Data**

Five percent of the planet's surface houses three fourths of endangered species. This area coincides with tropical regions where biodiversity is greater. For this reason, tropical countries top the list to the right. On some islands, the proportion of endangered birds is very high: in the Philippines and in New Zealand, it includes 35 to 42 percent of avian fauna.

## Gyps bengalensis From 1996 to date, its population has fallen by 95 percent, especially in India.

CHINA

OF THE EARTH'S

**SURFACE IS HOME TO ALL** 

**ENDANGERED BIRD SPECIES** 

**MALAYSIAN COCKATOO** Cacatua haematuropygia It is estimated that there are between 1.000 and 4.000 individuals remaining. It was hunted indiscriminately.

India Philippines Ecuador

## INDONESIA

#### YELLOW-CRESTED COCKATOO Cacatua sulphurea In three generations, its population fell by 80 percent because of

OCEANIA

## **CAMPBELL ISLAND** TEAL

Anas nesiotis Only 50 individuals remain because of the introduction of mammals to the island.

> NEW ZEALAND

92 GLOSSARY

# Glossary

## Adaptation

Change in the body of a bird or another animal that allows it to reproduce better in a given environment

# **Adaptive Radiation**

Evolution of an initial species, adapted to a given way of life, into other species, each adapted to its own way of life

# Aerodynamic

Having an appropriate shape to decrease resistance to the air. Birds' bodies are aerodynamic.

#### Alulae

Rigid feathers whose function is to decrease air turbulence during flight

### Amino Acid

Molecule from which proteins are produced

#### Ancestor

Progenitor, more or less remote, that passes down a set of characteristics to its descendants

# Angle of Attack

The change in position of a bird's wing to increase or decrease speed and altitude while hunting prey by air

# Apterylae

Naked areas of the skin where feathers do not grow

# Atrophy

Significant decrease in the size of an organ. The wings of nonflying birds have undergone atrophy during evolution.

## Barbs

Thin, straight, parallel blades, perpendicular to the shaft. They resemble the leaves of a palm tree.

## Bill

Hard cover of a bird's mandibles; also called the bill.

# **Biodiversity**

Variety of species that live in a given natural or artificial environment

# Biogeographic Regions

Geographic regions that biologists analyze to determine the distribution of animals and other living organisms, according to the geographic conditions of a place. Migratory birds usually travel through different biogeographic regions between winter and summer.

# **Biped**

Aero-terrestrial animal that walks on its posterior limbs. Birds are bipeds.

# Briny

Water sample or body of water containing between 0.08 and 4.25 ounces (0.5-30 g) of salt per gallon of aqueous solution

## **Bronchus**

Each of the branches into which the trachea divides. The syrinx originates in the bronchi.

## Calamus

The lower part of the vane that is wider, hollow, and, in general, naked. The feather is attached to the skin through the calamus.

# Camouflage

A characteristic that enables the animal to blend into its environment. It allows the animal to go unnoticed in the presence of predators.

#### Carnivore

An animal that feeds on meat

#### Carrion

The remains of dead animals used as food by some birds or other animals. Vultures are scavengers (i.e., animals that feed on carrion).

# Center of Gravity

Point at which the sum of all the gravitational forces that act on a body converge

#### Cere

Thin skin layer that covers the base of the

#### Chick

A baby bird that has just come out of the eggshell and that has not yet left the nest. Its diet and safety depend on its parents.

#### Chorion

One of the coverings that wraps the embryo of reptiles, birds, and mammals

#### Class

One of the many divisions scientists use to classify animals. Birds form a class of their

#### Climate

Average temperature, humidity, and pressure that determine the atmospheric conditions of a region and that are related to other geographic characteristics of that region

### Cloaca

The widened and dilatable final portion of the intestine of a bird or other animal in which the urinogenital tubes converge

# Courtship

Behavior patterns that males and females follow to try to attract partners

#### Coverts

Layers of contour feathers that provide a bird's body and wings with support and an aerodynamic surface

# Crepuscular

Active at dawn or twilight, when there is little light

#### Crest

Extended or raised feathers located on the upper part of a bird's head

## Crop

Membranous sac that communicates with a bird's esophagus, where food is softened

# Dermal Papilla

Structure from which a feather develops. It is composed of epidermal and dermal cells.

# Display

Behavior directed at attracting the attention of a partner. It can also be done to threaten or distract another animal.

## Distribution

Place where a species is located. It includes the area the species occupies in different seasons.

# Down Feather

A very thin and light feather, similar to silk, that birds have underneath their external plumage. Down feathers constitute the first plumage of chicks.

# Ecosystem

Community of living beings whose vital processes are interrelated and develop according to the physical factors of the same environment

# Egg

Large rounded shell, laid by a female bird,

that contains a yolk and a white. If fertilized, the egg has a tiny embryo that will develop into a chick (the chick feeds itself on the yolk and white). When ready, the chick will break the eggshell.

## Egg Tooth

Sharp calcium growth, in the shape of a tooth, that forms on the tip of a chick's bill during the embryonic phase. The chick uses the egg tooth to break its shell at birth.

#### Environment

The natural conditions, such as vegetation and land, that surround animals and influence their development and behavior

# **Epiphysis**

Endocrine gland located below the corpus callosum in the brain. It produces a hormone that regulates sexual activity.

#### **Evolution**

Gradual process of change that a species undergoes to adjust to the environment

## Extinct

No longer existing. Many bird species are now extinct (for example, ictiornites).

# Feather

Each unit of the covering (plumage) of a bird. The feathers are composed of a hard substance called keratin. They have a long quill, to which two blades are joined. The blades—formed by a great number of barbs, uniformly distributed—give the feather its shape and color.

# Fertilization

Union of the reproductive cells of a male and a female that will create a new individual

# Field Mark

Natural distinct feature or artificial identification of an individual of a bird species

that helps ornithologists distinguish it from other individuals of the same or other avian species

## Fledgling

Very young bird that lives in the nest where it was raised

#### Fossils

Vestiges of ancient creatures of different types (vegetal or animal) on a stone substratum. Fossils can be found in the geologic strata of the Earth's surface.

#### Gastric Juice

Set of fluids produced by the stomach glands of birds and other animals

### Gizzard

Muscular stomach of a bird. It is very robust, especially in granivores, and it is used to grind and soften the food by means of mechanical pressure. The food arrives at the gizzard mixed with digestive juices.

## Gland

Type of structure that is present in most multicellular living beings. It produces substances that act either inside or outside a bird's body.

#### Gonad

Organ that makes male or female gametes. In birds, the testicles and ovaries are gonads.

#### Granivore

Bird that feeds on seeds or grains. Many birds are granivores (for example, parrots and toucans).

#### Gular Sac

Skin fragment in the shape of a sac that hangs from the lower mandible of certain birds (for example, pelicans)

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### Habitat

Native or natural environment of an animal or plant

## Hatching

Cracking of the eggshell so that the bird cancome out

## Histologic

Related to tissues and their study. When the anatomy of a bird is studied, the tissues that form the bird's organs are analyzed.

#### **Hormones**

Secretion of certain glands that circulates through the body. They excite, inhibit, or regulate the activities of organs or of systems of organs.

#### Horn

Made of horn or of a consistency similar to that of horn. The bill of birds is hornlike.

# Hypophysis

Internal secretion organ located at the hollow of the skull's base (called silla turca). It is composed of two lobes: one anterior and glandular and the other posterior and nervous. The hormones produced by the hypophysis influence growth and sexual development, among other things.

# Hypothalamus

Region of the encephalon located at the cerebral base, joined to the hypophysis by a nerve stem, in which important centers for vegetative life are found

## Incubation

The act of keeping the eggs warm so that the embryos inside can grow and hatch. Usually the chick's parents use their own bodies to warm the eggs, but some birds use sand or decomposing plants to cover them.

#### Insectivore

Bird that eats insects as part of its diet

#### Instinct

Innate behavior that a bird or other animal develops and that is not learned. The offspring of ducks start to swim by instinct.

#### Invertebrate

Animal that lacks a spinal column. Worms, crabs, and jellyfish are examples.

# Lethargy

Sleep through which a bird can reduce its cardiac rhythm and its body temperature to save energy, especially at night and during extended periods of cold

# Malpighian Layer

Layer of epithelial cells that forms the bird's epidermis

# Mangrove Swamp

Type of ecosystem often considered a type of biome. It is composed of trees that are very tolerant to salt. These trees are found in the intertidal zone of tropical coasts. Areas with mangrove swamps include estuaries and coastal zones.

# Migration

The movement of birds from one region to another; it usually takes place in the spring and fall. It is also common among other species of animals.

## Molt

Process through which birds lose old worn feathers, replacing them with new ones

# Monogamous

Birds that mate with only one individual of the opposite sex. Many penguins have monogamous behavior.

# Morphology

Study of the form of an object or structure. For instance, the morphology of the feet of birds is an area of study.

#### Nectar

Sweet and sugary secretions found in flowers that attract birds and other animals. Hummingbirds feed on nectar.

#### **Nidicolous**

A helpless chick that depends on its parents' care after birth

# Nidifugous

A chick that can move and leave the nest as soon as it breaks its shell. In less than a day, such chicks can move agilely.

## Nocturnal

Active at night. Many birds of prey, such as owls, specialize in nocturnal hunting.

#### Nutrient

Any substance obtained through diet that participates in the vital functions of a living being.

#### Omnivore

Bird that has a varied diet, including animal and vegetal foods

# Pelagic

Birds that live in areas over open waters, away from the coast

# Pellet (Bolus)

Small, hard mass that some birds regurgitate (vomit). It contains parts of the food that they could not digest, such as bones, fur, feathers, and teeth.

# Pigment

Substance that colors the skin, feathers, or tissues of animals and plants

#### **Piscivore**

Birds living in continental or oceanic waters that feed on fish

#### Pollution

A consequence of human actions for natural environments. The emission of industrial gases into the atmosphere, for example, produces pollution.

# Polygamy

Reproductive relationship between one animal of one sex and several animals of the other. When one male mates with several females, it is called polygyny. Only rarely do females have multiple male reproductive partners (polyandry).

# Population

Set of individuals of the same species that live together in the same space at the same time

# Predator

Animal that hunts other animals. Birds of prey hunt other birds, mammals, and vertebrates.

# Prey

Animal hunted by another to serve as food for the latter. Animals that hunt prey are called predators.

# Protein

Organic macromolecule that is part of living beings. By including proteins in their diet, birds get the necessary amino acids to build their own organs.

# Protein Cord

Embryonic structure: each of the two filaments that sustain the yolk of the egg within the white

# Proventriculus

The first portion of the stomach, or the true

stomach, of a bird. The other portion of a bird's stomach is the gizzard.

#### Rectrices

Technical term used by ornithologists to describe a bird's tail feathers

#### Scale

Dermic or epidermic layer that totally or partially covers the feet of birds. They are reptilian vestiges.

#### Song

Sound or series of sounds produced by a bird to demarcate its territory or to find a mate. The songs of birds can be simple or elaborate, and some are very melodic.

## Songbirds

Singing birds. Passerines include songbirds.

# **Species**

Set of individuals that recognize themselves as belonging to the same reproductive unit

### Sternum

Central chest bone. The sternum of flying birds has a large surface in which muscles are inserted.

#### Survival

A bird's ability to face the demands of its environment and of intra- and interspecies relationships

# Swamp

Depression on the ground in which water is gathered, sometimes called a marsh. Its bottom is more or less boggy. It is the habitat of many wading birds.

# Thermal

Hot air current that rises. Many birds make use of it to gain height effortlessly.

## Theropods

Group to which carnivorous dinosaurs belong

## **Training**

Teaching an animal new skills. Carrier pigeons are trained.

## Tundra

Vast plains without trees in the Arctic regions of northern Asia, Europe, and North America

# Uropygial Gland

Produces an oily secretion that birds, using their bills, spread on their feathers to make them impermeable

## Vertebrate

Animals that have a spinal column, such as birds, fish, reptiles, amphibians, and mammals

#### Virus

Infectious agent that depends on a living being to reproduce. Avian flu is transmitted this way.

### Vulnerable

Birds that are endangered in their natural habitats

#### Yolk

Yellow part of the egg. If the egg is fertilized, a small embryo grows that will use the yolk (and white) as food.

# Young

Bird or any other animal at an early stage of life. Some young show color patterns that are very different from that of adults of the same species, which makes it difficult for predators to identify them.

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